

Arts Alive 2010

June 9, 2010

Dear Creative Artist,

Welcome to a special week of creativity and new friendships. Whether this is your first conference at Pilgrim Lodge or your twenty-first, we promise that our week together will hold many new experiences and great times. We have a wonderful staff who are already hard at work designing Arts Alive 2010. Each staff member brings a special talent to the community. We have actors, singers, musicians and dancers.

This year the theme for the summer at Pilgrim Lodge is “Be a Hero” and there couldn’t be a better theme for Arts Alive. Think of all of the creative heroes in history. Think about all of the songs that have lyrics about heroes. Think of all of those people who are your heroes because of what they have accomplished, what they have written, the art they have made. We will think about the heroes in our lives and the example that they are to us.

At Arts Alive this year we will be living, learning and growing together as we explore our creativity through activities and interest groups which use our voices, our sketches, our instruments and much more. And as co-creators with the Creator, we share a common commitment to take care of the world God has given to us. Bring any instruments that you can play, bring costume items, paint brushes, juggling cubes – whatever you use to create and dream. Bring those things which to you say “hero”!

There are some special things which you should know before our week together:

1. We will introduce ourselves by something that we have made, that we have created. Please bring something with you which you have created, and the choice is wide open, from cookies to clothing, wood working to artwork to music to a dance.

2. To honor our creator we will be taking a mission offering during our week. We know that all of you will be visiting the camp store and spending money - think about giving an equal amount to those in need. This year the offering will be going to an orphanage and school in Kenya. Take a look at the information below.

3. Bring a Bible. This is an unending source of inspiration! Glance through the pages if you have a chance – it is loaded with heroes!

4. If you would like to take part in a craft project which involves reverse bleaching (!!!) bring an old dark t-shirt or sweatshirt, anything that is a dark surface that we can bleach out.

Now we probably don't have to even mention this because it is in all of the material you have received about Pilgrim Lodge camps, but there are a few rules at PL which we feel very strongly about: they help us to respect God's gifts to us, each other and ourselves. If anyone brings any illegal substance or any alcohol to camp we will have no choice but to send that person home after consulting with the staff. That's the rule and we hope that you all will join us in respecting it.

A lesser rule which will help us to become more of a community is - would you please leave all radios, boxes, ipods, and other noisy things like video games at home in your bedroom. Bring CD's, we will have a player - label them with your name. Come with energy and enthusiasm. Come with ideas and dreams. Come and help us build a creative community. Come and be a hero! We'll see you on June 27th!

Happy Summer Vacation

Sally Colegrove, Dean
and the Counselors of Arts Alive 2010

IT'S ALMOST TIME FOR CAMP!

A Quick Review for Children and Youth Sessions



Reminders: (see previous pages for details)

WHAT TO BRING:

- casual relaxing clothes
- warm clothes for cold days
- warm sleeping clothes
- rain gear
- shorts
- jeans
- sweatshirts
- Bible
- notebook or stationery and pen
- bathing suit
- beach towel
- beach footwear
- musical instruments
- 1 nice outfit (not *too* formal)
- bathroom items in an easy to carry bag or bucket (towels, washcloth, soap, toothbrush, floss, comb/brush etc.)
- sleeping bag or bedding
- pillow
- comfortable sneakers
- flashlight
- laundry bag
- insect repellent (non-aerosol please!)
- sunscreen (SPF 30 or more)
- water bottle with camper's name written on it
- items listed in your Deans' letter
- money for store/mission (look to the right)

Personal items policy:

Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), compact discs, and sporting equipment provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items.

Mail: Please do not send food or candy

Camper's Name, camper's cabin #
Pilgrim Lodge
103 Pilgrim Lodge Lane
West Gardiner, ME 04345

Email and On-line Photos require a \$10 per camper account set up on line. A credit card is needed. Email cost one credit, credits are available when you set up your account. See page five for details

Epi-pens or inhalers:

In order to keep an epi-pen or inhaler with your camper new state regulations require special forms (in addition to the health form) signed by both parents and physicians. The form is available at:

www.pilgrimlodge.org or by calling 724-3200

Health Forms:

Your physician signed health forms should be mailed in to: Pilgrim Lodge, 103 Pilgrim Lodge Lane, West Gardiner, ME 04345. Call 724-3200 if you're unsure if your form from last year is still valid. Form 2 must be signed by a physician in 2009 or 2010.

Head Check: A health screening including a head check is being performed upon arrival. Thanks for your patience and understanding.

Please do not Bring:

Cell Phones or other electronic communication devices (campers who bring cell phones may be sent home) alcohol or illegal drugs; weapons (including pocket knives); personal listening devices; electronic handheld games, pets; valuables; jewelry; beepers; computers; fireworks, SCUBA equipment, "healies" skate boards or in-line skates

The Camp Store and Mission Offering

Upon arrival there will be a table where you can set up an account for the store. Cash is only accepted at the store during drop off and pick up, not during the week. During the week your camper will have an opportunity to make a donation to our mission offering from that account. Parents will make the decision for younger campers. Ice cream is \$1 per day.

Photo CD's: You can order a CD-Rom of photos of your campers week at the store for \$15 and it will be ready for you when your camper leaves. Photo CD's may be ordered after camp but a shipping charge is added.

Pilgrim Lodge 2010 Mission Focus

Every summer, the Outdoor Ministries Committee chooses one worthy project on which to focus our mission efforts. This involves education and awareness of the issues on both local and global scales, connection to the gospel message to serve others in need, prayer and worship activities on behalf of people involved with the mission, and an opportunity to offer monetary gifts. Campers at youth camp can make a donation their store accounts. Adult and family camps have the opportunity to make a traditional offering. The 2010 mission focus is on:



Friends of Kakamega

Supporting the Kakamega AIDS Orphan Project and Care Center
Run by the United Society of Friends Women

A Maine-based Quaker non-profit organization that supports the

AIDS Orphan Project of USFW (United Society of Friends Women, Kakamega). Kakamega, Kenya
The USFW Orphan Project of Kakamega, Kenya is a grassroots effort to help children whose parents have died primarily of AIDS. It is an **ORPHANAGE, a FEEDING PROGRAM** and provides **EDUCATIONAL SPONSORSHIPS** for orphans so they can go to school. It is run by Kenyan Quaker women of the USFW (United Society of Friends Women, Kakamega). Since 2001 they have devoted their lives to helping orphans in serious need.

FRIENDS OF KAKAMEGA — THE MAINE CONNECTION

Partnered with the USFW is **Friends of Kakamega**, a Maine-based Quaker non-profit organization. Since 2002 Friends of Kakamega has worked to finance the Care Center dining hall and dormitories, and to sponsor over 150 children for education. Each summer Friends of Kakamega organizes a service project trip to the orphanage to work with the children, and to introduce participants to a world so different from that which Americans are used to.

How Many people are served by this organization?

- 50 camper aged boys and girls live at the Kakamega Care Centre, where they get nutritious meals, love and guidance from a caring and benevolent staff, a new family of friends and really, a new lease on life.
- 60 other local orphans come to the Feeding Program at the Care Centre , and eat their primary meal of the day
- 100 children who live in the rural areas with guardians receive sponsorships so they can attend school and get food.
- 40 teenagers are able to attend high school because of sponsorships they receive through the program. Matriculating and graduating high school is essential to thier eventually being able to take proper care of themselves.

Organic Farming: To promote self-sufficiency and generate income in Kenya, the Friends of Kakamega has purchased seven acres of farmland. The farm is currently being converted to organic production, both for environmental benefit and to avoid the high cost of fertilizer. Guided by a retired Kenyan Agriculture expert, the land will serve as a demonstration farm to teach the value of organic farming. Corn, beans, peanuts, and other crops are grown for Care Center meals and to generate income for the Center.

More information is available at www.friendsofkakamega.org

Directions to Pilgrim Lodge phone: 207-724-3200

Traveling North on I-295: Take **exit 51**, turn **Left** on Route **126**. Follow Route 126 about 2.5 miles. / at the blinking light turn **RIGHT** onto Spears Corner Road /continue straight for 4.3 miles (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs** / at that third stop sign turn **LEFT** onto Neck Road/ Pilgrim Lodge will be one mile ahead on your **RIGHT**

Traveling North on I-95 (new shorter route): Take **exit 86** and turn **LEFT** onto Route 9 / drive a mile and half and turn **RIGHT** on route 126 / in 10.8 miles at the blinking light with “Litchfield Country Store” on your right, Turn **LEFT** at **Batchelder’s Corner** (the post office should now be on your right) / in 2 miles bear **LEFT** on Neck Road /Pilgrim Lodge is 2 miles ahead on the **LEFT**

Traveling South on I-95

From **I-95**, take exit **109 B** onto **Route 202** west. Follow below

Traveling West: Travel through Augusta on **Route 202**, cross over **I-95**

South and west continued:

After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don’t turn right) and 202 goes straight (don’t go straight) turn **LEFT onto Pond Road** / proceed South for about 6.5 miles / Pilgrim Lodge will be on your **RIGHT**

Traveling East: Take 126 from Lewiston to Litchfield. At the blinking light with “Litchfield Country Store” on your right, Turn **LEFT at Batchelder’s Corner** (The post office should now be on your right) / drive 2 miles/ Turn **LEFT onto Neck road**/ Pilgrim Lodge will be in 2 miles ahead on your **LEFT**

