

Beyond the Boardwalk...

....learning to live in God's natural world!



Greetings to all!

I hope you all are having a great summer and are looking forward to the **best** week of your summer at Pilgrim Lodge during *Beyond the Boardwalk*!

You are one of 12 adventurous souls who have answered God's call (whether you know it or not!) to come to Pilgrim Lodge to learn how to live in God's wonderful world of creation. Jesus was a man of the outdoors using his observations of nature in his teachings. He and his disciples traveled by foot, slept on the ground, shared meals on the hillsides, laughed around campfires, and prayed in the wilderness. During this week we will be doing much of the same... Living and working together as a family, learning basic outdoor living skills, all while exploring and playing in the woods of PL. There will be many special experiences including nightly campfires, a day hike, a canoe trip, and the best part... a two night stay on the PL island where we will sleep in the lean-tos, cook all of our meals, and enjoy two and a half days of living "off Boardwalk"!

You will be doing all that, but lots more! We will also participate in many of the traditional PL activities including swimming, crafts, great meals, a Friday night variety show, worship in the chapel, and of course, ice cream time (except for when we are on the island... but we'll make up for it with an extra night of s'mores!)

Because of the unique nature of our week at camp here are some important things to know:

1. We are asking campers to arrive and check- between 1 and 1:30 on August 1st. This means no lines, no waiting! On Saturday, August 6th, parents and families are invited to join us for a closing circle at 9:00am. Campers will be released at 9:30am.
2. We will be teaching and learning some basic outdoor living and camping skills, including learning how to safely build, light, tend, and extinguish fires for cooking meals and evening campfires. We also hope to teach campers the proper way to use a jackknife. If you have a jackknife, you may bring it to camp. Make sure it has your name on it as all knives will be collected at check in and distributed when we are ready to use them. We need to have a parent or guardian sign a special form letting us know they are OK with you doing these things at camp. (form is attached)
3. Take a look at the list of things to bring (attached). Because we will be spending a lot of time you may wish to bring these extra items: a sleeping pad or air mattress, a small daypack or fanny pack, extra pair of sneakers or other closed toed shoes (not Crocs or other slip-ons). You definitely will want a flashlight, sleeping bag, bug repellent, rain

jacket or poncho, and personal water bottle or canteen. Please do not bring cell phones, i-pods or other personal listening devices.

4. The health form gives you place to tell us about food allergies. However, since many of our meals will be on the trail or on the island, I need to plan ahead and therefore would appreciate your letting me know if you have any specific food allergy. The PL kitchen staff is very accommodating, but the sooner we know the better.

PL's theme this year is "Be A Hero: Living Like Jesus" We will be considering how heroes are really just ordinary people doing extraordinary deeds. We will explore different stories in the Bible about some of these ordinary heroes and how we can learn to be heroes in our churches and communities by following their example. We will especially listen to our friend the Lorax who will remind us to be champions for the trees and all of God's creatures.

Our mission project "Friends of Kakamega", a Maine-based Quaker organization that supports the AIDS Orphan Project in Kakamega, Kenya in Africa! Their Care Center feeds, clothes and educates over 70 orphaned children whose parents have died from AIDS. "Friends of Kakamega" was started by Suki Rice in Falmouth in response to a need. Suki Rice is a hero, as well as each child we meet through the mission presentation. There will be a mission offering taken and I would like you to think in gratitude about the heroes that are in your life as you consider your donation. You may even wish to share the story of Kakamega with your church and invite others to participate in this mission opportunity. More information about "Friends of Kakamega" is attached.

If you have any questions, concerns, or comments, please have a parent or guardian e-mail me at wrbltracy@msn.com.

For now, until we meet in August, **get outside, have some fun, and do some good for others!**

Dean Rachel

*Unless someone like you
cares a whole awful lot,
nothing is going to get better.
It's not.*



Be a Hero!



Pilgrim Lodge

MAINE CONFERENCE ~ UNITED CHURCH OF CHRIST

103 Pilgrim Lodge Lane
(207)724-3200

West Gardiner, ME 04345
www.pilgrimlodge.org

Beyond the Boardwalk Pilgrim Lodge 2010

Fire and Jackknife Form Release

I, _____, understand and am aware that my son or daughter, _____, is going to actively learn how to light and tend a fire. My child will be supervised and taught by a trained dean, counselor, or permanent staff member. I am further aware that my son or daughter will be taught how to properly and safely use a jackknife. I give my permission for my son or daughter to use jackknives to and build and tend a fire.

Signature of Parent/Guardian _____ Date _____

Printed name of Parent/Guardian _____

IT'S ALMOST TIME FOR CAMP!

A Quick Review for Children and Youth Sessions



Reminders: (see previous pages for details)

WHAT TO BRING:

- casual relaxing clothes
- warm clothes for cold days
- warm sleeping clothes
- rain gear
- shorts
- jeans
- sweatshirts
- Bible
- notebook or stationery and pen
- bathing suit
- beach towel
- beach footwear
- musical instruments
- 1 nice outfit (not *too* formal)
- bathroom items in an easy to carry bag or bucket (towels, washcloth, soap, toothbrush, floss, comb/brush etc.)
- sleeping bag or bedding
- pillow
- comfortable sneakers
- flashlight
- laundry bag
- insect repellent (non-aerosol please!)
- sunscreen (SPF 30 or more)
- water bottle with camper's name written on it
- items listed in your Deans' letter
- money for store/mission (look to the right)

Personal items policy:

Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), compact discs, and sporting equipment provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items.

Mail: Please do not send food or candy

Camper's Name, camper's cabin #
Pilgrim Lodge
103 Pilgrim Lodge Lane
West Gardiner, ME 04345

Email and On-line Photos require a \$10 per camper account set up on line. A credit card is needed. Email cost one credit, credits are available when you set up your account. See page five for details

Epi-pens or inhalers:

In order to keep an epi-pen or inhaler with your camper new state regulations require special forms (in addition to the health form) signed by both parents and physicians. The form is available at:

www.pilgrimlodge.org or by calling 724-3200

Health Forms:

Your physician signed health forms should be mailed in to: Pilgrim Lodge, 103 Pilgrim Lodge Lane, West Gardiner, ME 04345. Call 724-3200 if you're unsure if your form from last year is still valid. Form 2 must be signed by a physician in 2009 or 2010.

Head Check: A health screening including a head check is being performed upon arrival. Thanks for your patience and understanding.

Please do not Bring:

Cell Phones or other electronic communication devices (campers who bring cell phones may be sent home) alcohol or illegal drugs; weapons (including pocket knives); personal listening devices; electronic handheld games, pets; valuables; jewelry; beepers; computers; fireworks, SCUBA equipment, "healies" skate boards or in-line skates

The Camp Store and Mission Offering

Upon arrival there will be a table where you can set up an account for the store. Cash is only accepted at the store during drop off and pick up, not during the week. During the week your camper will have an opportunity to make a donation to our mission offering from that account. Parents will make the decision for younger campers. Ice cream is \$1 per day.

Photo CD's: You can order a CD-Rom of photos of your campers week at the store for \$15 and it will be ready for you when your camper leaves. Photo CD's may be ordered after camp but a shipping charge is added.

Pilgrim Lodge 2010 Mission Focus

Every summer, the Outdoor Ministries Committee chooses one worthy project on which to focus our mission efforts. This involves education and awareness of the issues on both local and global scales, connection to the gospel message to serve others in need, prayer and worship activities on behalf of people involved with the mission, and an opportunity to offer monetary gifts. Campers at youth camp can make a donation their store accounts. Adult and family camps have the opportunity to make a traditional offering. The 2010 mission focus is on:



Friends of Kakamega

Supporting the Kakamega AIDS Orphan Project and Care Center
Run by the United Society of Friends Women

A Maine-based Quaker non-profit organization that supports the

AIDS Orphan Project of USFW (United Society of Friends Women, Kakamega). **Kakamega, Kenya**

The USFW Orphan Project of Kakamega, Kenya is a grassroots effort to help children whose parents have died primarily of AIDS. It is an **ORPHANAGE**, a **FEEDING PROGRAM** and provides **EDUCATIONAL SPONSORSHIPS** for orphans so they can go to school. It is run by Kenyan Quaker women of the USFW (United Society of Friends Women, Kakamega). Since 2001 they have devoted their lives to helping orphans in serious need.

FRIENDS OF KAKAMEGA — THE MAINE CONNECTION

Partnered with the USFW is **Friends of Kakamega**, a Maine-based Quaker non-profit organization. Since 2002 Friends of Kakamega has worked to finance the Care Center dining hall and dormitories, and to sponsor over 150 children for education. Each summer Friends of Kakamega organizes a service project trip to the orphanage to work with the children, and to introduce participants to a world so different from that which Americans are used to.

How Many people are served by this organization?

- 50 camper aged boys and girls live at the Kakamega Care Centre, where they get nutritious meals, love and guidance from a caring and benevolent staff, a new family of friends and really, a new lease on life.
- 60 other local orphans come to the Feeding Program at the Care Centre , and eat their primary meal of the day
- 100 children who live in the rural areas with guardians receive sponsorships so they can attend school and get food.
- 40 teenagers are able to attend high school because of sponsorships they receive through the program. Matriculating and graduating high school is essential to thier eventually being able to take proper care of themselves.

Organic Farming: To promote self-sufficiency and generate income in Kenya, the Friends of Kakamega has purchased seven acres of farmland. The farm is currently being converted to organic production, both for environmental benefit and to avoid the high cost of fertilizer. Guided by a retired Kenyan Agriculture expert, the land will serve as a demonstration farm to teach the value of organic farming. Corn, beans, peanuts, and other crops are grown for Care Center meals and to generate income for the Center.

More information is available at www.friendsofkakamega.org

Directions to Pilgrim Lodge phone: 207-724-3200

Traveling North on I-295: Take **exit 51**, turn **Left** on Route **126**. Follow Route 126 about 2.5 miles. / at the blinking light turn **RIGHT** onto Spears Corner Road /continue straight for 4.3 miles (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs** / at that third stop sign turn **LEFT** onto Neck Road/ Pilgrim Lodge will be one mile ahead on your **RIGHT**

Traveling North on I-95 (new shorter route): Take **exit 86** and turn **LEFT** onto Route 9 / drive a mile and half and turn **RIGHT** on route 126 / in 10.8 miles at the blinking light with “Litchfield Country Store” on your right, Turn **LEFT** at **Batchelder’s Corner** (the post office should now be on your right) / in 2 miles bear **LEFT** on Neck Road /Pilgrim Lodge is 2 miles ahead on the **LEFT**

Traveling South on I-95

From **I-95**, take exit **109 B** onto **Route 202** west. Follow below

Traveling West: Travel through Augusta on **Route 202**, cross over **I-95**

South and west continued:

After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don’t turn right) and 202 goes straight (don’t go straight) turn **LEFT onto Pond Road** / proceed South for about 6.5 miles / Pilgrim Lodge will be on your **RIGHT**

Traveling East: Take 126 from Lewiston to Litchfield. At the blinking light with “Litchfield Country Store” on your right, Turn **LEFT at Batchelder’s Corner** (The post office should now be on your right) / drive 2 miles/ Turn **LEFT onto Neck road**/ Pilgrim Lodge will be in 2 miles ahead on your **LEFT**

