



Hey There Faith Foundation Camper (and Parents),

Are you ready to spend some time at Pilgrim Lodge (PL) making new friends, having fun, exploring your faith and learning how we all can be heroes in God's world? We, your Deans - Jim and Cindy -, are very excited about everything we have planned for our time together at Pilgrim Lodge. Here are some of the things you can look forward to:

There will be a **Carnival Night** with games created by your counselors, and, weather permitting, an afternoon of water games too. Naturally, there will be swimming, boating, games and crafts to name just a few of the other things to make your time at PL memorable.

Furry Stuffed Friends!! Everyone needs to bring at least one special stuffed companion from home. These companions help personalize every bunk and will be expected to accompany each of you to evening vespers and story time. If you have a hard time choosing which one to bring – bring two or three!!

An important part of the PL programming is **the summer mission project**. This summer PL is supporting in faith, prayer and offering the "*Friends of Kakamega*." An organization based right here in Freeport, Maine! The "*Friends of Kakamega*" supports the AIDS Orphan Project of Kakamega, Kenya ... Yep ... Kenya, Africa! They have an Orphan Care Center and a home based Feeding Program. Check out the "*Friends of Kakamega*" with your parents on their website www.friendsofkakamega.org or the information below– it's really an amazing organization. The boys & girls who live in the Orphan Care Center make many different clothing items for themselves by knitting, crocheting and sewing. We are asking you to bring yarn, embroidery floss, knitting needles, thread or sewing needles. We will collect these items during our Mission Project presentation on Thursday evening and they will be hand delivered to the boys & girls who live in the Orphan Care Center by someone from Freeport. We are also inviting you to bring a monetary donation. \$80.00 will run the Orphan Care Center for one day and will provide 200 meals for all the children involved in the Care Center and the Feeding Program, no donation amount is too small.

We always try to do our best to care for God's world..... So everyone is being asked to bring a reusable water bottle to camp. Make sure your name is clearly marked on it! Let's see if Faith Foundations 2010 can go our entire time at camp without using a single paper cup!! We can do it !!!

We also need you to bring an XLG White T-Shirt – you will be using it for a special craft project !! ☺ Please bring Family Photos - We will be using these in another craft project. You will **NOT** be getting these photos back (color photo copies of your favorites would work nicely!)

Camp will start Wednesday, **June 23rd. Registration will be from 2-3pm** Note that most of the material says 2-4 but we're trying to get everyone in by 3 to cut down on 'down time' for as Campers arrive. (please don't come before 2pm – as we need time to get things ready for you). You should pack your swimming suit on top of your suitcase or wear it; so you can take the swimming assessment as soon as you check into your cabin and meet your counselor.

The closing will come much too soon for most of us. Our **closing program will start at 9:00am Saturday June 26th**. It should run less than ½ an hour; we hope all parents can attend and it's important that the Campers stay with their cabin group to share in this closing event.

We have a great volunteer team assembled and waiting to meet you and make your time at PL so great that you will want to come back to PL for years to come. By the end of camp you and your new PL friends will be making plans to come back together next year! ☺

We can't wait to meet you and share all the great things PL has to offer! ☺

Dean Jim & Dean Cindy

Pilgrim Lodge 2010 Mission Focus

Every summer, the Outdoor Ministries Committee chooses one worthy project on which to focus our mission efforts. This involves education and awareness of the issues on both local and global scales, connection to the gospel message to serve others in need, prayer and worship activities on behalf of people involved with the mission, and an opportunity to offer monetary gifts. Campers at youth camp can make a donation their store accounts. Adult and family camps have the opportunity to make a traditional offering. The 2010 mission focus is on:



Friends of Kakamega

Supporting the Kakamega AIDS Orphan Project and Care Center
Run by the United Society of Friends Women

A Maine-based Quaker non-profit organization that supports the

AIDS Orphan Project of USFW (United Society of Friends Women, Kakamega). **Kakamega, Kenya**

The USFW Orphan Project of Kakamega, Kenya is a grassroots effort to help children whose parents have died primarily of AIDS. It is an **ORPHANAGE**, a **FEEDING PROGRAM** and provides **EDUCATIONAL SPONSORSHIPS** for orphans so they can go to school. It is run by Kenyan Quaker women of the USFW (United Society of Friends Women, Kakamega). Since 2001 they have devoted their lives to helping orphans in serious need.

FRIENDS OF KAKAMEGA — THE MAINE CONNECTION

Partnered with the USFW is **Friends of Kakamega**, a Maine-based Quaker non-profit organization. Since 2002 Friends of Kakamega has worked to finance the Care Center dining hall and dormitories, and to sponsor over 150 children for education. Each summer Friends of Kakamega organizes a service project trip to the orphanage to work with the children, and to introduce participants to a world so different from that which Americans are used to.

How Many people are served by this organization?

- 50 camper aged boys and girls live at the Kakamega Care Centre, where they get nutritious meals, love and guidance from a caring and benevolent staff, a new family of friends and really, a new lease on life.
- 60 other local orphans come to the Feeding Program at the Care Centre , and eat their primary meal of the day
- 100 children who live in the rural areas with guardians receive sponsorships so they can attend school and get food.
- 40 teenagers are able to attend high school because of sponsorships they receive through the program. Matriculating and graduating high school is essential to thier eventually being able to take proper care of themselves.

Organic Farming: To promote self-sufficiency and generate income in Kenya, the Friends of Kakamega has purchased seven acres of farmland. The farm is currently being converted to organic production, both for environmental benefit and to avoid the high cost of fertilizer. Guided by a retired Kenyan Agriculture expert, the land will serve as a demonstration farm to teach the value of organic farming. Corn, beans, peanuts, and other crops are grown for Care Center meals and to generate income for the Center.

More information is available at www.friendsofkakamega.org

IT'S ALMOST TIME FOR CAMP!

A Quick Review for Children and Youth Sessions



Reminders: (see previous pages for details)

WHAT TO BRING:

- casual relaxing clothes
- warm clothes for cold days
- warm sleeping clothes
- rain gear
- shorts
- jeans
- sweatshirts
- Bible
- notebook or stationery and pen
- bathing suit
- beach towel
- beach footwear
- musical instruments
- 1 nice outfit (not *too* formal)
- bathroom items in an easy to carry bag or bucket (towels, washcloth, soap, toothbrush, floss, comb/brush etc.)
- sleeping bag or bedding
- pillow
- comfortable sneakers
- flashlight
- laundry bag
- insect repellent (non-aerosol please!)
- sunscreen (SPF 30 or more)
- water bottle with camper's name written on it
- items listed in your Deans' letter
- money for store/mission (look to the right)

Personal items policy:

Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), compact discs, and sporting equipment provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items.

Mail: Please do not send food or candy

Camper's Name, camper's cabin #
Pilgrim Lodge
103 Pilgrim Lodge Lane
West Gardiner, ME 04345

Email and On-line Photos require a \$10 per camper account set up on line. A credit card is needed. Email cost one credit, credits are available when you set up your account. See page five for details

Epi-pens or inhalers:

In order to keep an epi-pen or inhaler with your camper new state regulations require special forms (in addition to the health form) signed by both parents and physicians. The form is available at:

www.pilgrimlodge.org or by calling 724-3200

Health Forms:

Your physician signed health forms should be mailed in to: Pilgrim Lodge, 103 Pilgrim Lodge Lane, West Gardiner, ME 04345. Call 724-3200 if you're unsure if your form from last year is still valid. Form 2 must be signed by a physician in 2009 or 2010.

Head Check: A health screening including a head check is being performed upon arrival. Thanks for your patience and understanding.

Please do not Bring:

Cell Phones or other electronic communication devices (campers who bring cell phones may be sent home) alcohol or illegal drugs; weapons (including pocket knives); personal listening devices; electronic handheld games, pets; valuables; jewelry; beepers; computers; fireworks, SCUBA equipment, "healies" skate boards or in-line skates

The Camp Store and Mission Offering

Upon arrival there will be a table where you can set up an account for the store. Cash is only accepted at the store during drop off and pick up, not during the week. During the week your camper will have an opportunity to make a donation to our mission offering from that account. Parents will make the decision for younger campers. Ice cream is \$1 per day.

Photo CD's: You can order a CD-Rom of photos of your campers week at the store for \$15 and it will be ready for you when your camper leaves. Photo CD's may be ordered after camp but a shipping charge is added.

Directions to Pilgrim Lodge phone: 207-724-3200

Traveling North on I-295: Take **exit 51**, turn **Left** on Route **126**. Follow Route 126 about 2.5 miles. / at the blinking light turn **RIGHT** onto Spears Corner Road /continue straight for 4.3 miles (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs** / at that third stop sign turn **LEFT** onto Neck Road/ Pilgrim Lodge will be one mile ahead on your **RIGHT**

Traveling North on I-95 (new shorter route): Take **exit 86** and turn **LEFT** onto Route 9 / drive a mile and half and turn **RIGHT** on route 126 / in 10.8 miles at the blinking light with “Litchfield Country Store” on your right, Turn **LEFT** at **Batchelder’s Corner** (the post office should now be on your right) / in 2 miles bear **LEFT** on Neck Road /Pilgrim Lodge is 2 miles ahead on the **LEFT**

Traveling South on I-95

From **I-95**, take exit **109 B** onto **Route 202** west. Follow below

Traveling West: Travel through Augusta on **Route 202**, cross over **I-95**

South and west continued:

After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don’t turn right) and 202 goes straight (don’t go straight) turn **LEFT onto Pond Road** / proceed South for about 6.5 miles / Pilgrim Lodge will be on your **RIGHT**

Traveling East: Take 126 from Lewiston to Litchfield. At the blinking light with “Litchfield Country Store” on your right, Turn **LEFT at Batchelder’s Corner** (The post office should now be on your right) / drive 2 miles/ Turn **LEFT onto Neck road**/ Pilgrim Lodge will be in 2 miles ahead on your **LEFT**

