



Pilgrim Lodge
MAINE CONFERENCE ~ UNITED CHURCH OF CHRIST
103 Pilgrim Lodge Lane West Gardiner, ME 04345
(207)724-3200
www.pilgrimlodge.org

Summer 2010

Welcome past friends and new friends,

Another summer at P.L is nearly over and it has been very different from the last two! This year there has barely been a drop of rain as opposed to rain every day! We hope this doesn't mean our nearly perfect record of sunshine at LULU will be broken. For our new friends joining us this year, we want to remind you that this is a time to kick back, relax, and let someone else worry about the details.

The theme this year at Pilgrim Lodge is all about Super Heroes. Do you have a favorite hero? Bring a picture of one for our super hero board. Joan will leave time during the worship services for people to share why this person is their super hero. You can e-mail her at jmorton7@maine.rr.com if you want her to include you in her services. Again this is optional.

Every year we seem to get a slightly different schedule and this year is no exception. Arrival time is Monday from 9-11 a.m. Remember, cabin assignments are on a first come first serve basis. If you want to share a cabin with some friends please let us know so we can try to hook you up beforehand and not have to hold our breath while waiting for the last people to show up. Some folks really need a private cabin and we try to respect that, but it's always a relief to have people willing to share. Departure time is Friday before lunch. There was a glitch in scheduling this year that didn't get caught until after the brochures were printed and sent out so we got a slightly shortened time. We hope you will still cram in all the rest and relaxation humanly possible into the time allotted!

As usual we will have some projects to do that include clay hand-building, tie-dying, bleach dying, and flower pounding to name a few. Remember to bring 100% cotton white clothing for tie-dying and 100% cotton dark clothing for bleaching. We've got some new tricks up our sleeves for both of those (pardon the pun)! If you want to bring something of your own art/craft to share or teach please feel free!

Every year Pilgrim Lodge raises funds for a special mission project. This year our mission is the Friends of Kakamega Orphanage in Kenya. (see below) There will be a short mission presentation one of the evenings. As with all things at LULU, it is optional.

Weather permitting we will have a cookout on Wednesday night with local corn picked fresh that day (by Allie's sons). Singing around the campfire and s'mores are on the docket as well. And as usual, there will be a movie night, board and card games at any time, boating, swimming, and trail hikes. Of course, you can choose to do nothing but put your feet up and watch the trees grow. It's all up to you.

If anyone is interested in having another talent show let us know when you arrive. It was a lot of fun last year and would love to do it again this year!

Looking forward to another great time here on the shores of Lake Cobbosseecontee!

Your Deans,

Joan and Allie

P.S. Did we mention the optional bit?

IT'S ALMOST TIME FOR CAMP!

A Quick Review for Adult Camps



WHAT TO BRING:

- casual relaxing clothes
- warm clothes for cold days
- warm sleeping clothes
- rain gear
- shorts
- jeans
- sweatshirts
- Bible
- notebook or stationery and pen
- bathing suit
- beach towel
- beach footwear
- musical instruments
- 1 nice outfit (not *too* formal)
- bathroom items (towels, washcloth, soap, toothbrush, floss, comb/brush etc in an easy to carry bag or bucket)
- sleeping bag or bedding
- pillow
- a good book
- comfortable sneakers
- flashlight
- laundry bag
- insect repellent
- sunscreen (SPF 30 or more)
- water bottle with camper's name written on it
- items listed in your Deans' letter
- money for store/mission

Personal items policy:

Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), compact discs, and sporting equipment provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items.

Mail: Please do not send food or candy

Camper's Name, camper's cabin #
Pilgrim Lodge
103 Pilgrim Lodge Lane
West Gardiner, ME 04345

Health Forms:

You'll need to fill out and sign FORM 4 in the back of this guide and list emergency contacts. You can do this when you get to camp, or mail in the form which is available on line.

Please do not Bring:

Alcohol or illegal drugs; weapons; pets; valuables; jewelry; computers; fireworks, SCUBA equipment, skate boards or in-line skates.

Please be discreet

about cell phones and medications.

Email and On-line Photos require a \$10 per camper account set up on line. Incoming email only. A credit card is needed. See page five for details. There's no wi-fi; let it go for the weekend.

Think about how you will make this experience prayerful.



Pilgrim Lodge 2010 Mission Focus

Every summer, the Outdoor Ministries Committee chooses one worthy project on which to focus our mission efforts. This involves education and awareness of the issues on both local and global scales, connection to the gospel message to serve others in need, prayer and worship activities on behalf of people involved with the mission, and an opportunity to offer monetary gifts. Campers at youth camp can make a donation their store accounts. Adult and family camps have the opportunity to make a traditional offering. The 2010 mission focus is on:



Friends of Kakamega

Supporting the Kakamega AIDS Orphan Project and Care Center
Run by the United Society of Friends Women

A Maine-based Quaker non-profit organization that supports the

AIDS Orphan Project of USFW (United Society of Friends Women, Kakamega). Kakamega, Kenya
The USFW Orphan Project of Kakamega, Kenya is a grassroots effort to help children whose parents have died primarily of AIDS. It is an **ORPHANAGE, a FEEDING PROGRAM** and provides **EDUCATIONAL SPONSORSHIPS** for orphans so they can go to school. It is run by Kenyan Quaker women of the USFW (United Society of Friends Women, Kakamega). Since 2001 they have devoted their lives to helping orphans in serious need.

FRIENDS OF KAKAMEGA — THE MAINE CONNECTION

Partnered with the USFW is **Friends of Kakamega**, a Maine-based Quaker non-profit organization. Since 2002 Friends of Kakamega has worked to finance the Care Center dining hall and dormitories, and to sponsor over 150 children for education. Each summer Friends of Kakamega organizes a service project trip to the orphanage to work with the children, and to introduce participants to a world so different from that which Americans are used to.

How Many people are served by this organization?

- 50 camper aged boys and girls live at the Kakamega Care Centre, where they get nutritious meals, love and guidance from a caring and benevolent staff, a new family of friends and really, a new lease on life.
- 60 other local orphans come to the Feeding Program at the Care Centre , and eat their primary meal of the day
- 100 children who live in the rural areas with guardians receive sponsorships so they can attend school and get food.
- 40 teenagers are able to attend high school because of sponsorships they receive through the program. Matriculating and graduating high school is essential to thier eventually being able to take proper care of themselves.

Organic Farming: To promote self-sufficiency and generate income in Kenya, the Friends of Kakamega has purchased seven acres of farmland. The farm is currently being converted to organic production, both for environmental benefit and to avoid the high cost of fertilizer. Guided by a retired Kenyan Agriculture expert, the land will serve as a demonstration farm to teach the value of organic farming. Corn, beans, peanuts, and other crops are grown for Care Center meals and to generate income for the Center.

More information is available at www.friendsofkakamega.org

Directions to Pilgrim Lodge phone: 207-724-3200

Traveling North on I-295: Take **exit 51**, turn **Left** on Route **126**. Follow Route 126 about 2.5 miles. / at the blinking light turn **RIGHT** onto Spears Corner Road /continue straight for 4.3 miles (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs** / at that third stop sign turn **LEFT** onto Neck Road/ Pilgrim Lodge will be one mile ahead on your **RIGHT**

Traveling North on I-95 (new shorter route): Take **exit 86** and turn **LEFT** onto Route 9 / drive a mile and half and turn **RIGHT** on route 126 / in 10.8 miles at the blinking light with “Litchfield Country Store” on your right, Turn **LEFT** at **Batchelder’s Corner** (the post office should now be on your right) / in 2 miles bear **LEFT** on Neck Road /Pilgrim Lodge is 2 miles ahead on the **LEFT**

Traveling South on I-95

From **I-95**, take exit **109 B** onto **Route 202** west. Follow below

Traveling West: Travel through Augusta on **Route 202**, cross over **I-95**

South and west continued:

After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don’t turn right) and 202 goes straight (don’t go straight) turn **LEFT onto Pond Road** / proceed South for about 6.5 miles / Pilgrim Lodge will be on your **RIGHT**

Traveling East: Take 126 from Lewiston to Litchfield. At the blinking light with “Litchfield Country Store” on your right, Turn **LEFT at Batchelder’s Corner** (The post office should now be on your right) / drive 2 miles/ Turn **LEFT onto Neck road**/ Pilgrim Lodge will be in 2 miles ahead on your **LEFT**

