

June 22, 2010

Dear Campers,

Hi there! Our names are Sarah and Liz, and we will be the deans for your week at Pilgrim Lodge this summer. That means that we have been meeting for months about how to make our time together fabulous! Our week of camp is called "Planting Seeds, Growing Hope" and is from July 11-17. We can't wait to see you!

Here is some helpful information as you are getting ready for our special week. This may be your first time coming to Pilgrim Lodge, but guess what? We both went to Pilgrim Lodge for the first time when we were your age, so we know what it's like to get ready for your first week of camp. It is also so exciting to return again if you've come before.

At camp we have all kinds of fun activities like doing crafts, going swimming and boating, and learning about nature. We also have a theme for our week. This summer it is "Be a Hero: Living Like Jesus." Every day we will hear a story from the Bible about how normal people did heroic things like being loyal friends, making sacrifices for others, or sharing their talents. These stories will help us learn about ways that all of us can be heroes during our week at camp and in our everyday lives.

Speaking of heroes...on Thursday night we will have a special "Superhero Celebration" dinner and we invite you to bring a costume to wear. You can dress up as any superhero you want. Be yourself with the super powers you would like to have! Be creative and make up a costume! It doesn't have to be fancy, just fun.

Another thing we do every year at Pilgrim Lodge is learn about a mission project. We raise money for an organization or group doing good work in the world. This year's mission is the Kakamega Orphan Project. The Friends of Kakamega is a group based in Maine raising money to support this orphanage and school in Kenya. You're parents will deposit your mission donation along with your store spending money on Sunday at registration. We'll learn more about the mission project together at camp, but you can visit <http://web.me.com/sukierice/iWeb/Site/Home.html> or read the information below.

In addition to the list of things to bring that you received when you registered (if you missed it) we've included it below), Go to [www.pilgrimlodge.org/registration.html](http://www.pilgrimlodge.org/registration.html) if you want the entire parent/camper guide.. Please also bring a plain white cotton tee-shirt, and we'll make it beautiful! Tie-dying is a very fun camp tradition and we'll provide the dye, so be sure to bring a shirt.

On Sunday, the day you come to camp, please arrive **between 2-4 pm**. We'll be ready and waiting for you! Your family can stay and help you get settled into your cabin until 4 pm. On Saturday the 17th, the last day of camp, **your family should pick you up between 9:30-10:30 am**.

So pack your suitcase (don't forget your favorite stuffed animal to make your bunk cozy!), get excited, and we'll see you at camp on July 11th. We can't wait to meet you and spend a great week together at Pilgrim Lodge.

See you soon, Deans Sarah Bigney and Liz Charles

# IT'S ALMOST TIME FOR CAMP!

A Quick Review for Children and Youth Sessions



**Reminders:** (see previous pages for details)

## WHAT TO BRING:

- casual relaxing clothes
- warm clothes for cold days
- warm sleeping clothes
- rain gear
- shorts
- jeans
- sweatshirts
- Bible
- notebook or stationery and pen
- bathing suit
- beach towel
- beach footwear
- musical instruments
- 1 nice outfit (not *too* formal)
- bathroom items in an easy to carry bag or bucket (towels, washcloth, soap, toothbrush, floss, comb/brush etc.)
- sleeping bag or bedding
- pillow
- comfortable sneakers
- flashlight
- laundry bag
- insect repellent (non-aerosol please!)
- sunscreen (SPF 30 or more)
- water bottle with camper's name written on it
- items listed in your Deans' letter
- money for store/mission (look to the right)

## Personal items policy:

Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), compact discs, and sporting equipment provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items.

## Mail: Please do not send food or candy

Camper's Name, camper's cabin #  
Pilgrim Lodge  
103 Pilgrim Lodge Lane  
West Gardiner, ME 04345

**Email and On-line Photos** require a \$10 per camper account set up on line. A credit card is needed. Email cost one credit, credits are available when you set up your account. See page five for details

## Epi-pens or inhalers:

In order to keep an epi-pen or inhaler with your camper new state regulations require special forms (in addition to the health form) signed by both parents and physicians. The form is available at:

[www.pilgrimlodge.org](http://www.pilgrimlodge.org) or by calling 724-3200

## Health Forms:

Your physician signed health forms should be mailed in to: Pilgrim Lodge, 103 Pilgrim Lodge Lane, West Gardiner, ME 04345. Call 724-3200 if you're unsure if your form from last year is still valid. Form 2 must be signed by a physician in 2009 or 2010.

**Head Check:** A health screening including a head check is being performed upon arrival. Thanks for your patience and understanding.

## Please do not Bring:

**Cell Phones or other electronic communication devices** (campers who bring cell phones may be sent home) alcohol or illegal drugs; weapons (including pocket knives); personal listening devices; electronic handheld games, pets; valuables; jewelry; beepers; computers; fireworks, SCUBA equipment, "healies" skate boards or in-line skates

## The Camp Store and Mission Offering

Upon arrival there will be a table where you can set up an account for the store. Cash is only accepted at the store during drop off and pick up, not during the week. During the week your camper will have an opportunity to make a donation to our mission offering from that account. Parents will make the decision for younger campers. Ice cream is \$1 per day.

**Photo CD's:** You can order a CD-Rom of photos of your campers week at the store for \$15 and it will be ready for you when your camper leaves. Photo CD's may be ordered after camp but a shipping charge is added.

# Pilgrim Lodge 2010 Mission Focus

Every summer, the Outdoor Ministries Committee chooses one worthy project on which to focus our mission efforts. This involves education and awareness of the issues on both local and global scales, connection to the gospel message to serve others in need, prayer and worship activities on behalf of people involved with the mission, and an opportunity to offer monetary gifts. Campers at youth camp can make a donation their store accounts. Adult and family camps have the opportunity to make a traditional offering. The 2010 mission focus is on:



## Friends of Kakamega

Supporting the Kakamega AIDS Orphan Project and Care Center  
Run by the United Society of Friends Women

A Maine-based Quaker non-profit organization that supports the

**AIDS Orphan Project of USFW** (United Society of Friends Women, Kakamega). **Kakamega, Kenya**

The USFW Orphan Project of Kakamega, Kenya is a grassroots effort to help children whose parents have died primarily of AIDS. It is an **ORPHANAGE**, a **FEEDING PROGRAM** and provides **EDUCATIONAL SPONSORSHIPS** for orphans so they can go to school. It is run by Kenyan Quaker women of the USFW (United Society of Friends Women, Kakamega). Since 2001 they have devoted their lives to helping orphans in serious need.

### **FRIENDS OF KAKAMEGA — THE MAINE CONNECTION**

Partnered with the USFW is **Friends of Kakamega**, a Maine-based Quaker non-profit organization. Since 2002 Friends of Kakamega has worked to finance the Care Center dining hall and dormitories, and to sponsor over 150 children for education. Each summer Friends of Kakamega organizes a service project trip to the orphanage to work with the children, and to introduce participants to a world so different from that which Americans are used to.

How Many people are served by this organization?

- 50 camper aged boys and girls live at the Kakamega Care Centre, where they get nutritious meals, love and guidance from a caring and benevolent staff, a new family of friends and really, a new lease on life.
- 60 other local orphans come to the Feeding Program at the Care Centre , and eat their primary meal of the day
- 100 children who live in the rural areas with guardians receive sponsorships so they can attend school and get food.
- 40 teenagers are able to attend high school because of sponsorships they receive through the program. Matriculating and graduating high school is essential to thier eventually being able to take proper care of themselves.

**Organic Farming:** To promote self-sufficiency and generate income in Kenya, the Friends of Kakamega has purchased seven acres of farmland. The farm is currently being converted to organic production, both for environmental benefit and to avoid the high cost of fertilizer. Guided by a retired Kenyan Agriculture expert, the land will serve as a demonstration farm to teach the value of organic farming. Corn, beans, peanuts, and other crops are grown for Care Center meals and to generate income for the Center.

More information is available at [www.friendsofkakamega.org](http://www.friendsofkakamega.org)

## Directions to Pilgrim Lodge phone: 207-724-3200

**Traveling North on I-295:** Take **exit 51**, turn **Left** on Route **126**. Follow Route 126 about 2.5 miles. / at the blinking light turn **RIGHT** onto Spears Corner Road /continue straight for 4.3 miles (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs** / at that third stop sign turn **LEFT** onto Neck Road/ Pilgrim Lodge will be one mile ahead on your **RIGHT**

**Traveling North on I-95 (new shorter route):** Take **exit 86** and turn **LEFT** onto Route 9 / drive a mile and half and turn **RIGHT** on route 126 / in 10.8 miles at the blinking light with “Litchfield Country Store” on your right, Turn **LEFT** at **Batchelder’s Corner** (the post office should now be on your right) / in 2 miles bear **LEFT** on Neck Road /Pilgrim Lodge is 2 miles ahead on the **LEFT**

### **Traveling South on I-95**

From **I-95**, take exit **109 B** onto **Route 202** west. Follow below

**Traveling West:** Travel through Augusta on **Route 202**, cross over **I-95**

*South and west continued:*

After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don’t turn right) and 202 goes straight (don’t go straight) turn **LEFT onto Pond Road** / proceed South for about 6.5 miles / Pilgrim Lodge will be on your **RIGHT**

**Traveling East:** Take 126 from Lewiston to Litchfield. At the blinking light with “Litchfield Country Store” on your right, Turn **LEFT at Batchelder’s Corner** (The post office should now be on your right) / drive 2 miles/ Turn **LEFT onto Neck road**/ Pilgrim Lodge will be in 2 miles ahead on your **LEFT**

