

Welcome Vintage Venturer,

May 2010

We are excited about this years Vintage Ventures, June 7 - 10, 2010! Nancy is back! She will share some of her experiences from her classes at the **Academy for Congregational Life and Leadership**, and how they have changed her life; and she will graduate at Annual Meeting, right after Vintage Ventures!

While the spiritual theme for this year is "Be a Hero, Living Like Jesus", a suggestion from last year would be to celebrate 'Christmas in June'; and we think we can tie the two nicely, as Jesus is Hero to us all. This theme integrates the following scriptures:

- | | |
|-------------------------|--------------------------|
| I. Welcome Others | John 6:1 - 15 |
| II. Be a Friend | 1 Samuel 20:1 - 42 |
| III. Accept Others | Acts 10:24 - 35, 44 - 48 |
| IV. Give | Luke 21:1 - 4 |
| V. Rejoice | Exodus 15:19 - 21 |
| VI. Share the Good News | 2 Timothy 1:3 - 7 |

Throughout the week we will discuss these scriptures and share who is/are your hero/heroes, whether by story, or picture, or another method of your choosing.

We also invite you to bring favorite games, movies, musical instruments, songs to sing, and/or projects you would like to share with the group; as well as highlights from the past year - we have a lot of catching up to do!

The first night will be a party and worship celebrating the birth of 'Our Hero' Christ. Therefore, bring an ornament or decoration from home, or make one at camp, to help decorate the Cabin 5 porch. After that, we can congregate around the fireplace in the lodge, sing Christmas carols, toast marshmallows, and have hot chocolate.

The night of the auction will be a 'pajama party' (like opening presents on Christmas morning), and this year's auction items will be wrapped in Christmas paper. Please limit gifts to \$5-\$10, as we often bid in quarters.

As usual, the proceeds from the auction, as well as the offering at the communion service on our last morning together, will go toward the PL mission project. This year PL is supporting the 'Friends of Kakamega', an aids orphan project and care center in Kakamega, Kenya.

Weather permitting, we'll have the 'annual' boat ride around Cobbossee Lake.

You need to be prepared for the vagaries of early June weather, bringing warm

clothing for cold days, cool clothing for warm days, and clothing for those in-between days; and don't forget your bathing suits, just in case! All cabins have hot showers, bunk beds possibly requiring extra padding, porches and rocking chairs for leisure time.

For Nurse Margie, please remember to bring your health forms, and your prescription medications to make your camp experience more comfortable. If there are wellness or other topics you would like Margie to address, please let us know on Monday so she will have time to research those.

If you have any other questions about Pilgrim Lodge, please call Karen Steelhammer at PL, 207-724-3200. For questions about Vintage Ventures, call Pat at 207-751-2819 or Nancy at 207-460-6341.

We would like you to arrive between 10:00 and 11:00 on Monday morning June 7th.

Wishing you safe travels,

Nancy MacArthur
Pat Seaward

2010 VINTAGE VENTURES 'TENTATIVE' SCHEDULE
(The wake-up bell is rung at 7:00 each morning)

Monday June 7th

AM - registration/getting settled/waterfront

12:00 LUNCH

1:00 Getting acquainted activities

2:00 Initial discussion with Nurse Margie

3:30 Ice cream
4:00 Introduction to 'Be a Hero, Living Like Jesus '
5:30 DINNER
6:15 Vespers
7:00 'Christmas in June' Party
8:30 Shalom Circle
Miscellaneous activities

Tuesday, June 8th

8:00 BREAKFAST
9:00 Chapel
10:00 Boat ride/waterfront/'Be a Hero'/Labyrinth*
12:00 LUNCH
1:00 'Be a Hero' discussions
3:30 Ice Cream
4:00 'Friends of 'Kakamega' Presentation
5:30 DINNER
6:15 Vespers
7:00 Pajama Party/'Kakamega' Auction
8:30-ish Shalom Circle
Miscellaneous activities

Wednesday, June 9th

8:00 BREAKFAST
9:00 Chapel
10:00 Boat ride/waterfront/'Be a Hero'/Labyrinth*
12:00 LUNCH
1:00 'Be a Hero' discussions
3:30 Ice Cream
4:00 Get your hero on.
5:30 DINNER - Hero Banquet
6:30 Vespers
Evening Program
Miscellaneous activities

Thursday, June 10th

8:00 BREAKFAST
9:00 Communion
Packing/Loading/Goodbyes

* dictated by the weather

IT'S ALMOST TIME FOR CAMP!

A Quick Review for Adult Camps



WHAT TO BRING:

- casual relaxing clothes
- warm clothes for cold days
- warm sleeping clothes
- rain gear
- shorts
- jeans
- sweatshirts
- Bible
- notebook or stationery and pen
- bathing suit
- beach towel
- beach footwear
- musical instruments
- 1 nice outfit (not *too* formal)
- bathroom items (towels, washcloth, soap, toothbrush, floss, comb/brush etc in an easy to carry bag or bucket)
- sleeping bag or bedding
- pillow
- a good book
- comfortable sneakers
- flashlight
- laundry bag
- insect repellent
- sunscreen (SPF 30 or more)
- water bottle with camper's name written on it
- items listed in your Deans' letter
- money for store/mission

Personal items policy:

Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), compact discs, and sporting equipment provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items.

Mail: Please do not send food or candy

Camper's Name, camper's cabin #
Pilgrim Lodge
103 Pilgrim Lodge Lane
West Gardiner, ME 04345

Health Forms:

You'll need to fill out and sign FORM 4 in the back of this guide and list emergency contacts. You can do this when you get to camp, or mail in the form which is available on line.

Please do not Bring:

Alcohol or illegal drugs; weapons; pets; valuables; jewelry; computers; fireworks, SCUBA equipment, skate boards or in-line skates.

Please be discreet

about cell phones and medications.

Email and On-line Photos require a \$10 per camper account set up on line. Incoming email only. A credit card is needed. See page five for details. There's no wi-fi; let it go for the weekend.

Think about how you will make this experience prayerful.



Pilgrim Lodge 2010 Mission Focus

Every summer, the Outdoor Ministries Committee chooses one worthy project on which to focus our mission efforts. This involves education and awareness of the issues on both local and global scales, connection to the gospel message to serve others in need, prayer and worship activities on behalf of people involved with the mission, and an opportunity to offer monetary gifts. Campers at youth camp can make a donation their store accounts. Adult and family camps have the opportunity to make a traditional offering. The 2010 mission focus is on:



Friends of Kakamega

Supporting the Kakamega AIDS Orphan Project and Care Center
Run by the United Society of Friends Women

A Maine-based Quaker non-profit organization that supports the

AIDS Orphan Project of USFW (United Society of Friends Women, Kakamega). **Kakamega, Kenya**

The USFW Orphan Project of Kakamega, Kenya is a grassroots effort to help children whose parents have died primarily of AIDS. It is an **ORPHANAGE**, a **FEEDING PROGRAM** and provides **EDUCATIONAL SPONSORSHIPS** for orphans so they can go to school. It is run by Kenyan Quaker women of the USFW (United Society of Friends Women, Kakamega). Since 2001 they have devoted their lives to helping orphans in serious need.

FRIENDS OF KAKAMEGA — THE MAINE CONNECTION

Partnered with the USFW is **Friends of Kakamega**, a Maine-based Quaker non-profit organization. Since 2002 Friends of Kakamega has worked to finance the Care Center dining hall and dormitories, and to sponsor over 150 children for education. Each summer Friends of Kakamega organizes a service project trip to the orphanage to work with the children, and to introduce participants to a world so different from that which Americans are used to.

How Many people are served by this organization?

- 50 camper aged boys and girls live at the Kakamega Care Centre, where they get nutritious meals, love and guidance from a caring and benevolent staff, a new family of friends and really, a new lease on life.
- 60 other local orphans come to the Feeding Program at the Care Centre , and eat their primary meal of the day
- 100 children who live in the rural areas with guardians receive sponsorships so they can attend school and get food.
- 40 teenagers are able to attend high school because of sponsorships they receive through the program. Matriculating and graduating high school is essential to thier eventually being able to take proper care of themselves.

Organic Farming: To promote self-sufficiency and generate income in Kenya, the Friends of Kakamega has purchased seven acres of farmland. The farm is currently being converted to organic production, both for environmental benefit and to avoid the high cost of fertilizer. Guided by a retired Kenyan Agriculture expert, the land will serve as a demonstration farm to teach the value of organic farming. Corn, beans, peanuts, and other crops are grown for Care Center meals and to generate income for the Center.

More information is available at www.friendsofkakamega.org

Pilgrim Lodge Camper Health History for ADULTS (FORM 4)
(page 1 of 1)
This is the only health form adult campers need

Mail at least two weeks prior to event or bring it with you to:

Pilgrim Lodge ~ Health Form
103 Pilgrim Lodge Lane
West Gardiner, ME 04345

Dates attending camp: from _____ to _____

Camper Name: _____

Male Female Date of Birth _____

For adult campers: you can mail this in, bring it with you or fill one out at camp. Thank you.

Camper Home Address: _____
Street Address City State Zip Code

Person to contact in case of emergency:

Name: _____
Relationship Preferred
to Camper _____ Phones (_____) _____, (_____) _____

Email: _____ Address: _____
(if different from above)

Allergies: No known allergies I am allergic to: Food Medicine Environmental agents (insect stings, hay fever, etc.)
(please describe below what you are allergic to and the reaction seen.)

Diet, Nutrition: I eat a regular diet. I eat a regular vegetarian diet.
 I have special food needs *(Please describe below, continue on back if necessary)*

I have reviewed the program and activities of the camp and feel I can participate without restrictions
 I have reviewed the program and activities of the camp and feel I can participate with the following restrictions or adaptations
(Please describe, continue on back if necessary.)

Medical Insurance Information: I am covered by medical/hospital insurance Yes No
Include a copy of your insurance card if appropriate; copy both sides of the card so information is readable.

Insurance Company _____ Policy Number _____

Subscriber _____ Insurance Co. Phone No. (_____) _____

Authorization for Health Care:

I hereby give permission to the camp to provide, seek, and consent to routine health care, administration of prescribed medications, and emergency treatment for me, as may be necessary, including, but not limited to X-rays, routine tests and treatment, and/or hospitalization. I also give permission for the camp to arrange related transportation. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. Further, it is my intention that the appropriate representatives of the camp be treated as "personal representatives" for the purposes of disclosing protected health information pursuant to the privacy regulations promulgated pursuant to the Health Insurance Portability and Accountability Act of 1996. I hereby agree (pursuant to 45 CFR § 164.510(b)) to the disclosure to camp representatives of the protected health information of the person herein described, as necessary: I) to provide relevant information to the camp representatives related to the person's ability to participate in camp activities. In the event I cannot communicate in an emergency, hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.

Signature of Adult
Camper _____

Date: _____

If for religious or other reasons you cannot sign this, contact the camp for a legal waiver which must be signed for attendance.

Camper Name _____

(For Camp Use) Cabin _____

Check this box and use the other side of this sheet to record any additional information that camp staff should know, or should share with a doctor in the event you are unable to communicate

Directions to Pilgrim Lodge phone: 207-724-3200

Traveling North on I-295: Take **exit 51**, turn **Left** on Route **126**. Follow Route 126 about 2.5 miles. / at the blinking light turn **RIGHT** onto Spears Corner Road /continue straight for 4.3 miles (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs** / at that third stop sign turn **LEFT** onto Neck Road/ Pilgrim Lodge will be one mile ahead on your **RIGHT**

Traveling North on I-95 (new shorter route): Take **exit 86** and turn **LEFT** onto Route 9 / drive a mile and half and turn **RIGHT** on route 126 / in 10.8 miles at the blinking light with “Litchfield Country Store” on your right, Turn **LEFT** at **Batchelder’s Corner** (the post office should now be on your right) / in 2 miles bear **LEFT** on Neck Road /Pilgrim Lodge is 2 miles ahead on the **LEFT**

Traveling South on I-95

From **I-95**, take exit **109 B** onto **Route 202** west. Follow below

Traveling West: Travel through Augusta on **Route 202**, cross over **I-95**

South and west continued:

After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don’t turn right) and 202 goes straight (don’t go straight) turn **LEFT onto Pond Road** / proceed South for about 6.5 miles / Pilgrim Lodge will be on your **RIGHT**

Traveling East: Take 126 from Lewiston to Litchfield. At the blinking light with “Litchfield Country Store” on your right, Turn **LEFT at Batchelder’s Corner** (The post office should now be on your right) / drive 2 miles/ Turn **LEFT onto Neck road**/ Pilgrim Lodge will be in 2 miles ahead on your **LEFT**

