

# Pilgrim Lodge Camps

## “Wilderness Awakenings”

### Trip Camp

August 1 – August 7, 2010

Dear

Welcome Aboard! We are delighted that you have signed on for the Wilderness Awakenings Trip on Moosehead Lake. This will be an excellent opportunity to explore God’s Creation in nature, and make new friends as we work together to establish the 3 C’s: Cooperation, Covenant and Community.

Our mode of transportation will be two 22 foot Whitehall boats constructed by Harry Sylvester and Ron Young. These boats move gracefully through the water with only a minimum of effort on our part. Each night will find us at a campsite on one of the many islands or on the lake shore. We will be sleeping in tents, preparing our own food, and cooperating fully in all areas of camp life. (Moose, deer and other wildlife, have been known to cross our path, so keep your eyes open.) Plans call for a hike up Mt. Kineo so bring sturdy walking shoes or sneakers. There will be plenty of time for free activity and fellowship. We will begin each day with a time of solitude during Morning Watch, and end each evening around the campfire with an evening program and short vespers.

Here is a list of gear to bring. Please do not vary too much from it. There is only so much room in the boat:

Underwear and socks for each day	Sleeping bag and pad or air mattress
Shirts (long & short sleeves)	Pillow
Pants (long & short)	Sunscreen
Sneakers or walking shoes	Toilet Kit (including biodegradable soap e.i. Camp Suds or Coghlan’s Camp Soap)
Water shoes (needed for swimming)	
Windbreaker jacket	Towels (2) and wash cloth
A cap with a brim or visor to protect you from the sun	Small notebook or journal and pen or pencil
Good rain gear	Spending money (\$10 max.)
Swimsuit	Bible
Flash light	

### **Optional Gear:**

Sunglasses  
Pocket knife  
Fishing Equipment  
Stocking Cap

Watch  
Long underwear  
Camera

### **DO NOT BRING:**

Radio, Walkman, Tape Deck, Blow Dryers, Curling Irons, Extra Food, Pets, Valuables, Jewelry, Cell Phone or The Kitchen Sink.

Note: It is important to pack everything as waterproof as possible. Heavy garbage bags are helpful. You might want to bring a couple of extra in case one rips. Also, small items can be placed in zip lock bags for extra protection.

Safety is a priority both in camp and on the water. Coast Guard Approved life jackets are to be worn by each camper while on the water. A cell phone is part of our equipment along with all other required safety and first aid items. Note the cell phone does not have reception on all parts of the lake or campsites.

### **TRIP RULES:**

1. Because any wilderness venture is a potential survival situation, the judgment of each leader must be respected. The word of any leader is FINAL.
2. We do everything AS A GROUP, STAY TOGETHER!
3. We carry out everything we carry in , and more. NO LITTERING. We'd like to preserve the environment God gave us for the next person to enjoy.
4. Absolutely NO alcohol or drugs. If you have any medication along, please notify one of the leaders.

### **Arrival**

Plan to arrive at Pilgrim Lodge at 10:30 a.m. on Sunday. Parents / family members dropping off campers at Pilgrim Lodge are asked to stay for a one hour (approximately) orientation meeting. Following this orientation, campers will help pack the trip gear, with departure to Rockwood following. We will be leaving Pilgrim Lodge at 1:00 p.m. on Sunday and travel by car to the Rockwood boat landing.

### **Return**

We will be returning to Pilgrim Lodge with an estimated arrival time of 5:00 p.m.

Please mail the balance of your camp fee to the Pilgrim Lodge, Karen Steelhammer, 103 Pilgrim Lodge Lane, West Gardiner, ME 04345. The fee can also be done via the PL website. The health form is mailed to Karen. If not mailed bring the health form with you. If you have any questions, please call me at 207-749-7751 or my home at 207-465-7920.

In the Camping Spirit,

Mollie Landers, Amanda Capen & Mike Seavey (Co-Deans)

# Pilgrim Lodge 2010 Mission Focus

Every summer, the Outdoor Ministries Committee chooses one worthy project on which to focus our mission efforts. This involves education and awareness of the issues on both local and global scales, connection to the gospel message to serve others in need, prayer and worship activities on behalf of people involved with the mission, and an opportunity to offer monetary gifts. Campers at youth camp can make a donation their store accounts. Adult and family camps have the opportunity to make a traditional offering. The 2010 mission focus is on:



## Friends of Kakamega

Supporting the Kakamega AIDS Orphan Project and Care Center  
Run by the United Society of Friends Women

A Maine-based Quaker non-profit organization that supports the

**AIDS Orphan Project of USFW** (United Society of Friends Women, Kakamega). **Kakamega, Kenya**

The USFW Orphan Project of Kakamega, Kenya is a grassroots effort to help children whose parents have died primarily of AIDS. It is an **ORPHANAGE**, a **FEEDING PROGRAM** and provides **EDUCATIONAL SPONSORSHIPS** for orphans so they can go to school. It is run by Kenyan Quaker women of the USFW (United Society of Friends Women, Kakamega). Since 2001 they have devoted their lives to helping orphans in serious need.

### **FRIENDS OF KAKAMEGA — THE MAINE CONNECTION**

Partnered with the USFW is **Friends of Kakamega**, a Maine-based Quaker non-profit organization. Since 2002 Friends of Kakamega has worked to finance the Care Center dining hall and dormitories, and to sponsor over 150 children for education. Each summer Friends of Kakamega organizes a service project trip to the orphanage to work with the children, and to introduce participants to a world so different from that which Americans are used to.

How Many people are served by this organization?

- 50 camper aged boys and girls live at the Kakamega Care Centre, where they get nutritious meals, love and guidance from a caring and benevolent staff, a new family of friends and really, a new lease on life.
- 60 other local orphans come to the Feeding Program at the Care Centre , and eat their primary meal of the day
- 100 children who live in the rural areas with guardians receive sponsorships so they can attend school and get food.
- 40 teenagers are able to attend high school because of sponsorships they receive through the program. Matriculating and graduating high school is essential to thier eventually being able to take proper care of themselves.

**Organic Farming:** To promote self-sufficiency and generate income in Kenya, the Friends of Kakamega has purchased seven acres of farmland. The farm is currently being converted to organic production, both for environmental benefit and to avoid the high cost of fertilizer. Guided by a retired Kenyan Agriculture expert, the land will serve as a demonstration farm to teach the value of organic farming. Corn, beans, peanuts, and other crops are grown for Care Center meals and to generate income for the Center.

More information is available at [www.friendsofkakamega.org](http://www.friendsofkakamega.org)

## Directions to Pilgrim Lodge phone: 207-724-3200

**Traveling North on I-295:** Take **exit 51**, turn **Left** on Route **126**. Follow Route 126 about 2.5 miles. / at the blinking light turn **RIGHT** onto Spears Corner Road /continue straight for 4.3 miles (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs** / at that third stop sign turn **LEFT** onto Neck Road/ Pilgrim Lodge will be one mile ahead on your **RIGHT**

**Traveling North on I-95 (new shorter route):** Take **exit 86** and turn **LEFT** onto Route 9 / drive a mile and half and turn **RIGHT** on route 126 / in 10.8 miles at the blinking light with “Litchfield Country Store” on your right, Turn **LEFT** at **Batchelder’s Corner** (the post office should now be on your right) / in 2 miles bear **LEFT** on Neck Road /Pilgrim Lodge is 2 miles ahead on the **LEFT**

### **Traveling South on I-95**

From **I-95**, take exit **109 B** onto **Route 202** west. Follow below

**Traveling West:** Travel through Augusta on **Route 202**, cross over **I-95**

*South and west continued:*

After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don’t turn right) and 202 goes straight (don’t go straight) turn **LEFT onto Pond Road** / proceed South for about 6.5 miles / Pilgrim Lodge will be on your **RIGHT**

**Traveling East:** Take 126 from Lewiston to Litchfield. At the blinking light with “Litchfield Country Store” on your right, Turn **LEFT at Batchelder’s Corner** (The post office should now be on your right) / drive 2 miles/ Turn **LEFT onto Neck road**/ Pilgrim Lodge will be in 2 miles ahead on your **LEFT**

