

Hello dear campers!

We are very excited for our week of Lighten Up, Loosen Up and hope that you are excited as well. It is hard to believe that a year has flown by since last August! To our new friends-WELCOME! To our returning friends, can't wait to see you!

Your Deans, Joan and Allie are looking forward to hanging out with you all and have plenty of nothing planned. That's right, this is all about letting go of the outside world and just letting yourself breathe. However, we will have the usual set-up where you can bring any special project that you want to do and claim a table in the Lodge. Oh yeah, and Allie is hoping to do lots of trail exploration for any interested campers. Swimming and boating are always on the docket too. And of course, there are those who just want to read on the porch or watch the dragonflies. If you have a special art, craft, talent, (talent show on the last night!) or whatever that you'd like to share please feel free to bring it! Allie will be bringing some oldies but goodies and some new stuff to play with.

Our mission project this year is "Friends of the Cobbossee Watershed" Their mission is to "engage individuals, businesses and communities in protecting and improving the lakes, ponds and streams of the Cobbossee Watershed". The mission presentation will be on Tuesday afternoon. It is vital to help this organization in order to keep our lake here at Pilgrim Lodge clean and healthy. Allie remembers being a camper here in the seventies when the lake was so polluted that we couldn't swim for more than fifteen minutes a day! What a difference some education makes! We will be holding our annual auction to raise the money for this so think of something to donate and be prepared to bid high and often! Last year we raised more for the mission project than any other camp. Woo-hoo!

To go along with our mission, Allie is preparing a special project. Gyo-taku is an ancient Japanese art form involving fish, ink, and something on which to print. She will provide the fish and the paint and if you wish to participate please bring a light colored shirt, tea towels, napkins, or smooth fabric that can be made into something. She will provide acid-free paper in case you just want to make a nice print. Joan has a special project involving 12"x12" fleece. If you have any fleece hanging around, bring it and we'll make something!

Here are some details to remember whether you are a first-timer or a veteran camper: Don't forget a sleeping bag, pillow, towels, swimwear, flashlight, rain gear, bug repellent, sunscreen, toiletries, and an auction item.

If you have special dietary needs, special food and drink can be left in the kitchen refrigerator. It would be great to let the kitchen staff know ahead of time by calling the office. Please don't bring drugs, alcohol, or pets. (Service animals are welcome but the PL office needs to know in advance.) Please call the PL office at 724-3200 with any of these needs or questions. Pilgrim Lodge is a tobacco free zone. Regarding cell phones: disconnecting from the outside world is what we're all about here at LULU and part of the joy of being on retreat. If you must use your phone, please keep it on silent and use it privately to respect everyone's experience.

If you have special housing requests please let Allie or Karen (PL office) know. Cabin 2 is wheelchair accessible and we must reserve it for those who need it.

Joan will be planning most of the worship services and would LOVE someone else to step in and take on one or two. They don't need to be long or complicated, just short and sweet. If you are interested in helping her out, please contact her at the email below.

Please remember to send in your payment to the PL office at least 2 weeks prior to camp and complete the health form to bring to registration. You don't need a doctor's signature. We do have health forms in the office, but wouldn't it be nice to have it all done ahead of time?

So there you have it, we look forward to seeing you on Monday morning any time ***after*** 9. We will greet you. Please wait for us to assign cabins. The loons await!

Blessings,
Allie & Joan

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