

Dear Sister's in Faith,

Welcome to Women's Autumn Weekend! Your Deans, Deborah and Anne are excited and eager to greet you for this sacred time apart. We invite you to join us at Pilgrim Lodge to relax, unwind, renew and refresh before the cold winds of winter blow in.

We are not giving you a reading assignment for our time together. Instead, we will be watching a couple of films that we hope will lead to some interesting discussions.

Please bring your favorite Pilgrim Lodge shirt with you for our camp picture. Don't have a PL shirt? The camp store has them for sale. Or any favorite shirt will do.

We will once again offer a variety of activities on Saturday afternoon. Lucy Hardy will be bringing a star craft to share. Please bring your hot glue gun if you wish to participate in this craft or bring another craft to share. Other activities you might consider during this time are boating, swimming, a walk at the labyrinth, read a book, play games, take a nap or enjoy a cup of tea on the porch. You choose your activity.

Some of you may be attending PL for the first time so plan on bringing: bedding or a sleeping bag, towels, clothing that can be layered, swimwear, a flashlight, rain gear, bug repellant and sunscreen. If you have special dietary needs, special food, milk or juice they may be left in the kitchen refrigerator. Things not to bring include drugs, alcohol, or pets. (Service animals are welcome but we need to know in advance.) Pilgrim Lodge is a tobacco free zone as are all Outdoor Ministry sponsored events. Regarding cell phones: disconnecting from the world is part of the joy/challenge of a retreat event. If you need to keep in cell contact, please keep phones on silence and use them privately so as to respect everyone's experience. Any other questions will probably be answered in the PL registration pages either on line or in the brochure. But know you can always contact us or Karen in the PL office at 724-3200 if you need info on something you can't find.

The mission project this year is "Friends of the Cobbossee Watershed" this non-profit has a mission to engage individuals, businesses and communities in protecting and improving the lakes, ponds and streams of the Cobbossee Watershed. Donations for this mission can be made at the store during our time at camp.

If you have a special housing requests please send them to Anne at the email below.

Our official time together will begin with supper on Friday September 18<sup>th</sup> and end with lunch on Sunday September 20<sup>th</sup>. You may arrive at camp anytime after 4pm on Friday to get settled into your cabin. We welcome worship leadership from church groups or individuals. Worship time should run about 20 minutes. Saturday morning and evening slots are available for volunteers. Please let Deborah or Anne know if your group would like to lead worship.

Finally please be sure to pay the entire balance prior to coming to camp and bring your health form with you. **You do not need a doctor's signature or a copy of your insurance card, but we still need you to submit a completed health form.**

We are looking forward to meeting everyone on Friday September 18<sup>th</sup> at 4pm. Dinner will be served at 6pm. Please let us know if you will need to arrive later. We are anticipating our time together with joy and look forward to spending an exciting and relaxing time of renewal with our Sister's in Faith.

Faithfully,

Deborah Breault

Anne Hodgman

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