Greetings Sisters, May 2015

Welcome! We are so glad that you have set aside the first weekend in June to join with one another and the beauty of God's creation at Pilgrim Lodge for the Women at the Well weekend. Your deans, Deborah and Anne are ready and eager to greet you for this sacred time apart.

This year's theme is "Living in the Spirit". We invite you to read our book choice "Major Pettigrew's Last Stand" by Helen Simonson. Of course we know how busy life is, so don't worry if you can't get it all read before camp. Bring it with you, along with your journal and mission money.

Speaking of mission, the project this year is "Friends of the Cobbossee Watershed" a non-profit that has a mission to engage individuals, businesses and communities in protecting and improving the lakes, ponds and streams of the Cobbossee Watershed.

Some helpful details: Let's all try to bring your favorite PL shirt for our group photo. Some of you may be attending PL for the first time so plan on bringing: bedding or a sleeping bag, towels, clothing that can be layered, swimwear, a flashlight, rain gear, bug repellant and sunscreen. If you have special dietary needs, special food, milk or juice they may be left in the kitchen refrigerator. Things not to bring include drugs, alcohol, or pets. (Service animals are welcome but we need to know in advance.) Pilgrim Lodge is a tobacco free zone as are all Outdoor Ministry sponsored events. Regarding cell phones: disconnecting from the world is part of the joy/challenge of a retreat event. If you need to keep in cell contact, please keep phones on silence and use them privately so as to respect everyone's experience. Any other questions will probably be answered in the PL registration pages either on line or in the brochure. But know you can always contact us or Karen in the PL office if you need info on something you can't find.

Our time together will being with supper on Friday June 5<sup>th</sup> and ends with lunch on Sunday June 7<sup>th</sup>. You may arrive at camp anytime after 4pm on Friday June 5<sup>th</sup> to get settled in your cabin. Many have asked about coming for only the day on Saturday and needing to leave early. We have really struggled with this issue to be as inclusive as we can so that many women can attend. We know that scheduling is a GREAT challenge for everyone! Our intention is to create a community for one brief weekend. All participants are a sacred part of the event. Arriving after Friday evening and leaving early creates gaps in community that affect all participants. We respectfully request that you take this into consideration as you make your plans. If your schedule will not work in early June perhaps you can join us in September. (Or why not indulge and attend both??!?!) We've taken advantage of many great suggestions that were offered in the evaluations to create a balanced schedule with opportunities for community and quiet time, activities and reflection, time for leisure and time for focus. Sharing in worship leadership is encouraged! If your group is interested, please let us know. If digging in the dirt is what you relish, we can help with that too! For the past few years many of you have blessed PL with gifts of potted annuals and perennials. Others have shared their skills in planting. This effort to beautify PL is always appreciated. But remember only if you want to.....No requirements....just offerings of love and color!

Once again this year we will make available a book exchange table. If you have one or two books you would like to swap for something new please bring them along to put on the table. We do ask that if no one takes the books you brought that you please take them home with you so that we do not put an extra burden on camp to dispose of them.

If you have special housing requests please send them to Anne at the email below. Also please remember to send in your payment to the PL office at least 2 weeks prior to camp. You do not need a doctors' signature but we do need to have you complete the health form. And bring it with you at registration. Well, we certainly hope that covers it!! Just come, and enjoy and relax...hey, why not bring a friend along? We are looking forward to greeting you on Friday June 5th at 4pm. Dinner will be served at 6pm. Please let us know if you will need to arrive at a later time. We are anticipating our time together with joy and look forward to spending an exciting and relaxing time of renewal with all our Sisters at the Well. Faithfully.

Deborah Breault

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