

From The Directors

Greetings Men and Women of the Maine Conference and beyond! Who says camp is just for kids? Not us! Adults need time apart too. Time to relax, to change the routine, to listen for God and to make new and renewed connections with others. Throughout life's journey these are basic needs and Pilgrim Lodge is a place to help meet them. This guide is designed to help you prepare for your time at PL and to know what to expect. It is my hope and my prayer that you will join us this summer and let the stress of daily life melt for just a short while to reveal the profound, fun, and often neglected camper that needs to sit on a porch and read, jump in the water, sleep, walk alone in the woods, or stay up late connecting with others. And when the time comes to return home, my hope is that you will have tapped that deep well that gives purpose and meaning to living, and gained new perspective that brings a tangible sense of the divine to all facets of your life. Welcome.

Bryan

Rev. Bryan S. Breault Director of Outdoor Ministries Maine Conference, United Church of Christ

Pilgrim Lodge Camp Philosophy



Inspiration is infused into lives through the power of love, nature, and God. Along the shores of Lake Cobbosseecontee, the Maine Conference United Church of Christ is blessed to nurture this ministry of inclusion. Amidst all the fun of summer camp, we teach stories from the Bible, as well as critical thinking. We find creative and fun new ways to bring meaning and enjoyment to worship. We celebrate and explore the awesome power of metaphor. We set the table for the feast God offers, without the arrogance of assuming we have all the answers, or that everyone's experience of God is identical. We encourage and enable

people to listen for God; we do not claim to speak God's voice. Often empowerment comes from recognizing the divine through healthy human connection: Christ is in the eyes and hearts of our brothers and sisters. In seeking, and finding that connection in one another, we recognize it within ourselves. Outdoor ministry has two foundational elements: community and creation. As our culture is increasingly withdrawing from community we believe that intentional periods of living together surrounded by the beauty of the earth, away from the stress and strain of ordinary, technology-centered routines, give our spirits a chance to be open to life in a real and vital manner.

Open Registration Policy

Anyone may attend Pilgrim Lodge. Campers do not need to be a member the Maine Conference, United Church of Christ. Rules concerning acceptance and participation in all Maine Conference Outdoor Ministry events are the same for everyone without regard to race, color, sexual orientation, gender or national origin.

Accreditation

Pilgrim Lodge is accredited by the American Camp Association. Information on accreditation standards can be found at www.acacamps.org.



Rev. Bryan Breault - Director

bryan@pilgrimlodge.org

103 Pilgrim Lodge Lane, West Gardiner, ME 04345

Registration questions: Karen Steelhammer—Administrator

207-724-3200

karen@pilgrimlodge.org

www.pilgrimlodge.org

Camp Leadership – Deans Each session at Pilgrim Lodge is organized by volunteer leaders called deans. Most sessions have two deans who are responsible for recruiting their volunteer counselors and organizing the program and schedule. Because the deans and counselors are at PL as volunteers, for your event only, they bring a fresh and exciting feel to each session. Shortly before your session is to begin, you will receive a letter from your deans either by email, or U.S. postal mail. This letter will describe the theme, outline special events, tell you special things to bring, and let you know of any deviation from information in this guide (for example, pick-up time.) Deans' letters are also posted online so if your event is getting close and you haven't received it, check online first, then give us a call. (207-724-3200)

Payment & Refunds: There is no refund for campers sent home for illness, homesickness, injury or discipline. A non-refundable deposit of \$100 for week-long sessions and \$50 for half weeks, and \$25 for weekend events is required with the initial registration. **Please note the balance is due by June 15, 2016.** We do not accept payment at camp. If payment is not received on time, campers may forfeit their spot to others on the waiting list. If a camper withdraws more than two weeks before the start of a session the deposit will be forfeited, while any additional payments that have been made will be refunded. *If a camper withdraws two weeks or less before the start of a session the parent (or adult camper) will be responsible for the full camp fee; no refunds will be made.*

Open Invoices: Individuals with an unpaid balance from previous years will not be allowed to register until past balances are paid. Payments received will be used to pay open invoices from previous years and not toward registering for new events.

Event Cancellation: All events are subject to cancellation due to insufficient registration. If an event is cancelled, full refund of payments (including registration deposit) will be made. Confirmation notices will be sent after a registration is received and accepted. Online confirmation is by way of email.

Alcohol and Drugs: Alcohol and other drugs are not permitted at Pilgrim Lodge or Outdoor Ministries events. Drugs include inhalants such as gas or glue and the misuse of over the counter or prescription medicine. Anyone using or possessing alcohol or illegal drugs or misusing prescription drugs will be sent home immediately and the camper's minister will be notified

Fireworks: Fireworks are not permitted at Pilgrim Lodge or at Outdoor Ministries sponsored events. Anyone using or possessing fireworks will be sent home and their minister will be notified.

Scholarships: Many local churches have their own camp scholarship program. Please ask your pastor if such a program is available in your church. Additionally, partial scholarships are also available from the Maine Conference UCC for members of United Church of Christ churches. Applications for scholarships are on page 6 of this guide. **Applications are due by May 15.** Applications received after May 15 will be considered only if funds remain after on-time applications have been disbursed.

Photographs and Publicity: By registering for camp, campers and parents agree that photographs taken of campers may be used for promotion by the Maine Conference, United Church of Christ including, but not limited to: camp brochures, promotional slide shows, video presentations, CD- Roms sold to campers, the Pilgrim Lodge website and other Pilgrim Lodge internet sites.

U.S. Mail to campers: Do not mail candy or food. Do not send any mail after Thursday's pickup. Address letters this way:

Camper's Name,
Cabin # [camper's cabin number]
Name of session (ie: "Arts Alive") Pilgrim Lodge
103 Pilgrim Lodge Lane
West Gardiner, ME 04345

Phone Calls and Off-Hour Emergencies: Phones are available for use by campers only in case of emergency. The office phone number is 207-724-3200. If the office is closed and IN THE EVENT OF EMERGENCY ONLY you may call 207-724-3300. Please do not call the emergency line for administrative or non-emergency reasons.

Insect Repellent and Sunscreen: Lyme Disease and other insect-borne illnesses are a risk in any outdoor activity in the state of Maine. Campers need to bring and apply appropriate, non-aerosol insect repellent. There have been cases of Lyme Disease allegedly contracted at Pilgrim Lodge. Exposure to the sun also carries risk. Campers need to bring and apply sunscreen with an SPF factor of at least 30 before outdoor activities. Please send only sunscreens and insect repellents in non-aerosol containers

Smoking: Events sponsored by the Outdoor Ministries Committee are tobacco-free.

Personal items: Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), ipods, and sporting equipment, provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items. We recommend writing your name on all items, including clothing.

Camp Mission Project: *“Daisy’s Children”* is the mission project for 2016. It is a story of courage in community. Maine Conference Madrid Chavez. Deysi (Daisy), was a 24 year old mother of four who died on May 5, 2008 of starvation because she made the selfless decision to feed her four children rather than eat herself. In her tragic death she left behind her husband, Carlos, and their four children. The youngest, Maria Ernestina, 2, currently resides with another family in central Honduras and the three remaining children live with their father. Deysi perished in an effort to provide for her children. To honor the ultimate sacrifice she so readily made Daisy’s Children was created. The North Berwick, Maine based non-profit group was established with the idea that this type of terrible tragedy never occurs again. We will learn about how one woman here in Maine has made the difference of life and death for dozens of children. We will be asking campers to bring much needed supplies to be hand carried to Honduras as well as making an offering during our week. Learn more at daisyschildren.org

Health Form Requirements: No medical examination is required for adults. Adults must sign and submit a one page health form (**FORM 4**) authorizing ‘permission to treat’ in the event of emergency and list emergency contacts. Either mail the health form to camp one week before your session or bring it with you. We’ll have some on hand when you arrive but it’s best to get this out of the way beforehand.

Medications: During adult-only events at Pilgrim Lodge, adults may keep medications (prescription or non prescription) with their belongings. We ask that you be discreet and keep medications out of sight.

Health Care: There is no nurse on duty for adult camps with the exception of Vintage Ventures. Adults are responsible for their own health care. In the event of an emergency participants will be brought by ambulance or arranged ride to the Maine General Medical Center emergency room in Augusta.

Visitation: Please do not arrange visits from non-participants during your event.

Cell Phones and other communication devices: Disconnecting from the world of electronics is a necessary part of camp community building. We recognize that adults may have family and business requirements that require them to make contact. Please do not use your cell phones and other communication devices in the company of others. Please set your phone to vibrate or silent if you must carry it with you. If you must carry your phone with you, please let voice mail answer the phone and retreat to an isolated place to check the message and return the call. The best option is to leave the phone at home. The next best option is to turn it off, leave it in your belongings at camp and check it occasionally or use it only if need be. Third, if you must carry the phone with you at camp, please honor the above guidelines.

Camp Store: The camp store sells postcards and stamps, Pilgrim Lodge T-shirts, hats, and flashlights, memorabilia, and necessary items such as toothbrushes and combs. Pilgrim Lodge wear is certified sweat-shop and child labor free! All proceeds from the Pilgrim Lodge store go directly to support the ministry of Pilgrim Lodge. Cash and checks are accepted at the store during adult events.

Group Photos: Every adult camper will receive a photo of all the people in their camp.

Staying in the same cabin with friends: If you have a request of whom you might like to stay with, please let us know. Also let your friend know that he or she will need to make the request too. When we have *both* requests, we will make the effort to lodge you in the same cabin.

Waterfront and Boating: Swimming and boating are only allowed when the waterfront is opened by the Pilgrim Lodge lifeguard. Under no circumstance are adults to swim anywhere on the lakefront except on the waterfront with a Pilgrim Lodge lifeguard present. The waterfront is only open during daylight hours. If you have your own boat or kayak and would like to use it feel free to bring it but be sure to confer with the lifeguards.

IT'S ALMOST TIME FOR CAMP!

A Quick Review for **Adult** Sessions

<p>WHAT TO BRING:</p> <ul style="list-style-type: none"> ▪ Casual relaxing clothes ▪ Warm clothes for cold days and nights ▪ Warm sleeping clothes ▪ Rain gear ▪ Shorts ▪ Jeans/pants ▪ Sweatshirts ▪ Bible ▪ Notebook or stationery and pen ▪ Bathing suit ▪ Beach towel ▪ Shower shoes/beach shoes ▪ Musical instruments ▪ 1 nice outfit (not <i>too</i> formal) ▪ Bathroom items in an easy to carry bag or <ul style="list-style-type: none"> ▪ Bucket (towels, washcloth, soap, ▪ Toothbrush, floss, comb/brush etc.) ▪ Sleeping bag or bedding ▪ Pillow ▪ Comfortable sneakers/hikers ▪ Flashlight ▪ Laundry bag ▪ Insect repellent (non-aerosol please!) ▪ Sunscreen (SPF 30 or more) ▪ Water bottle with camper's name written on it ▪ Items listed in your Deans' letter ▪ Money for store/mission (look to the right) 	<p>Personal items policy:</p> <p>Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), compact discs, and sporting equipment provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items.</p> <hr/> <p>There's no wi-fi; let it go for the weekend.</p> <p>Please be discreet about cell phones and medications.</p> <p>Think about how you will make this experience prayerful.</p> <hr/> <p>Mail: (Please do not send food or candy) Camper's Name, camper's cabin # Pilgrim Lodge 103 Pilgrim Lodge Lane West Gardiner, ME 04345</p>
--	--

Health Forms: You'll need to fill out and sign FORM. You can do this when you get to camp, or mail in the form that is available to print from our website.

Please do not Bring: Alcohol or illegal drugs; weapons; pets; valuables; jewelry; computers; fireworks, SCUBA equipment, skate boards or in-line skates.

Pilgrim Lodge 2016 Scholarship Application

Due: May 15, 2016



Send this completed form to:

Pilgrim Lodge Scholarship Request
103 Pilgrim Lodge Lane
West Gardiner, ME 04102

Please check with your local church pastor to see if a PL scholarship is available from the church.

All applications must be **signed by a United Church of Christ minister** (unsigned or incomplete applications will be returned without being processed. If the application is re-submitted and received after May 15 it will be considered a late application.) Scholarships received after May 15 will be considered only if any funds remain after all on-time applications have been processed.

There are a limited amount of funds for distribution. Please apply only if you are truly in need in order to attend camp. The amount of scholarship offered will be dependent on the number of applications received by May 15. Scholarships do not exceed one third of the camp fee.

Camper Name _____

Street Address _____

City, State, Zip _____

Church (include town name) _____

Session and Date of session _____

Signature of United Church of Christ Pastor (required) _____

Parent/Guardian, or Adult camper signature (required) _____

Number of household members: _____

Annual Household income: _____

Other scholarships applied for: (Summer champs, local church etc.) _____

Church of program _____

Amount requested (or granted) from above _____

Amount Requested from Maine Conference _____

Request for a Pilgrim Lodge Counselorship



Thank you! Our program would not exist if not for the incredible gift of time offered by our counselors. Thank you for valuing the ministry at Pilgrim Lodge enough to offer your time.

About Counseling: If you would like to counsel but are not sure how to begin, start by contacting us at camp (karen@pilgrimlodge.org or 207-724-3200) We'll ask you if you have particular weeks in mind. Your information will then go to the deans of those camps who will contact you about whether or not they are in need of counselors. You'll be asked to read a short book on counseling and take an on-line exam and print out the certification of completion (only the first time you counsel.) You'll also need reference forms and a background check authorization, available online or from your dean. You will be asked to attend a few meetings before camp and to arrive a day before where you will receive training more specific to Pilgrim Lodge.

Counseling when your child is at PL: Some parents hope to counsel when their child is at camp. You know your child, and whether or not this is a good idea for them. We find that for some younger children it works out fine. Middler and Senior High campers usually tend to do better given their own time and space at PL. Unless there are extraordinary circumstances, we will not place your child in your cabin. It is difficult to step out of the role of parent and trying to be a camp counselor to your own child.

Counselorships: If you have an immediate family member attending camp this summer, you can receive a \$75 Counselorship (\$37 for the half-week long session) toward his or her camp fee. Please, immediate family only. Counsellorships are not offered to CIT's and are not to be used for oneself. Counsellorships must be applied in the same year that you counsel.

Date: _____

Counselor Name: _____ Phone _____

I am counseling for this session: _____

Please apply my Counsellorship to (camper's name) _____

Attending this session: _____

This camper is my: (son, sister etc.) _____

Counselor's signature: _____

You can mail this form (103 Pilgrim Lodge Lane, West Gardiner, ME 04102) or bring it with you

to camp. If you're counseling after you camper's session, it is helpful to us to have this form
before the camper's session begin

Directions to Pilgrim Lodge: phone: 207-724-3200

Traveling North on I-295: Take **exit 51**, turn **Left** on Route **126**. Follow Route 126 about 2.5 miles. /
at the blinking light turn **RIGHT** onto Spears Corner Road /
continue straight for 4.3 miles (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs** /
at that third stop sign turn **LEFT** onto Neck Road/
Pilgrim Lodge will be one mile ahead on your **RIGHT**

Traveling North on I-95 (*new shorter route*):
Take **exit 86** and turn **LEFT** onto Route 9 /
drive a mile and half and turn **RIGHT** on route 126 /
in 10.8 miles at the blinking light with "Litchfield Country Store" on your right,
Turn **LEFT at Batchelder's Corner** (the post office should now be on your right) /
in 2 miles bear **LEFT** on Neck Road /
Pilgrim Lodge is 2 miles ahead on the **LEFT**

Traveling South on I-95 From **I-95**, take exit **109 B** onto **Route 202** west. Follow below:

Traveling West: Travel through Augusta on **Route 202**, cross over **I-95**
South and west continued:
After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don't turn right) and 202 goes straight (don't go straight) turn **LEFT onto Pond Road**
proceed South for about 6.5 miles /
Pilgrim Lodge will be on your **RIGHT**

Traveling East: Take 126 from Lewiston to Litchfield. At the blinking light with "Litchfield Country Store" on your right, Turn **LEFT at Batchelder's Corner** (The post office should now be on your right) /
drive 2 miles/
Turn **LEFT onto Neck road**/
Pilgrim Lodge will be in 2 miles ahead on your **LEFT**