

Greetings Senior High campers!!!

Your deans this year are Becca Lockwood and Adam LaViolet! We are both former campers of Pilgrim Lodge, and we both served on Summer Staff. For the past several summers Becca and Adam have served as counselors during the Sr. High week, and we are thrilled to be a part of this week again!

Our theme this summer is Branching Out. Picture the beautiful trees that surround Pilgrim Lodge...their branches reach far and wide, and they have so much to teach us. Together we will learn how to branch out of our regular busy rhythm and reconnect with nature, how to branch out and connect with others, and how to branch out to discover how we are growing and changing as individuals. Our focus every year is to cultivate a loving and safe community where everyone is welcome to be exactly who they are.

As you know, you will be enjoying a week of freedom from technology—this means no cell phones. If you would like to take pictures during our week, cameras are certainly welcome.

In addition to the classic camp activities (swimming, boating, crafts, ice cream time etc.), we will also be having a Fancy Dinner, Talent Show, and Color Olympics; be sure to bring a fancy outfit, anything needed to share your talent with us (instruments, dancing shoes, etc.), and an item of clothing of your favorite color that you don't mind sharing or getting dirty.

Our mission project this year is Tree Street Youth, a program in Lewiston, ME which works with inner city youth in varying capacities. Check out their website to learn about the different programs they offer for the area: <u>http://treestreetyouth.org/</u>. We ask that you please consider bringing a monetary donation to support the good work that this organization is accomplishing.

Arrive at camp on Sunday, July 30th anytime from 2:00-3:30pm (please don't come before 2:00, as we need time to get things ready for you). Please let Pilgrim Lodge know if you are running late and will be arriving AFTER 3:30 pm by calling 207-724-3200. Camp will end too soon for most on Saturday, August 5th, with pick up from 9am to 10am.

With excitement, Becca Lockwood lockwoodhrl@gmail.com

and

Adam LaViolet <u>alaviolet@gmail.com</u>





SUGGESTIONS OF THINGS TO BRING TO CAMP

Personal Supplies

o Casual relaxing clothes (tee-shirts, shorts), enough clothes for the week, extra socks etc. Warm and cold clothing

- o Rain gear
- o Bible, Notebook or stationery and pen
- o Bathing suit and Beach towel
- o Shower shoes
- o Musical instruments
- o 1 nice outfit, for fancy dinner night (not too formal)
- o Bathroom items
- o Toothbrush, floss, comb/brush etc.
- o Sleeping bag or bedding and pillow
- o Comfortable sneakers/hikers
- o Small backpack for hike day
- o Flashlight
- o Insect repellant (non-aerosol please! And sunscreen (SPF 30 or more))
- o 2 Water bottles with your name written on them
- o Money for store/mission
- o Alarm Clock