



Women's Autumn Weekend

Arrival: Friday, September 20th, 4-6pm

Departure: Sunday, September 22nd, 11am

Welcome Women, to the Fun Fall **Re-TREAT**, think of it as a way to “treat” yourself and a friend, and time for you! Your mind, heart, and soul need it.

One, Pilgrim Lodge in the fall is just as much a magical place in the summer as then. **WE** so look forward to seeing you all again, and a few new faces we hope as we are a welcoming group. Come join us in hospitality, in community, and God's steadfast love where we are free to change, grow, and unite together at the table. Come and be welcomed!

Two, we have planned what we hope to be a balance of free time, choice time and program time. There will be fully cooked meals and snacks, campfires with smores, popcorn n' a movie, ice cream and store time, Early swims, walks, or Yoga, a Mission presentation, and Peaceful Passions(like an interest group)- a time to share your creative gifts. If you choose to lead something like a hike on a trail, paddle boarding 101, kayaking on the lake, exploring the island and labyrinth, coloring, handcrafting of all types, just tell us at sign in. We also will allow time to just work on your craft, and maybe show others what it is that you do and why you like/love it!

Three, getting together to do some “Spiritual Practice” with our director Melinda is a new offering, and will be at 2 different times-Fri. pm and Sat. late morning, as well as a “Paint and Sip”** late Sat. afternoon. Regular worship chapel services, vespers in the evening, and Communion Sunday morning will be part of our time together, based on the summer curriculum “Peace”. Singing after meals, grace, and during worship services will be aided by a PL staff person.



Four, we will do our best to place church women groups in cabins together as you request. It is really good to request that with Karen at the PL office when you register online or call in. We also will have a second women's group in camp(30-40) on their own retreat, but they will be eating meals with us in Quito dining hall, please welcome them too!

Five, the Paint n Sip event is Sat. from 3:45 til most likely dinner at 6pm. It will be something like the photo I included that shows a picture of a few birch trees, leaves, and a lake.....similar to that sacred place of Pilgrim Lodge. I told Deb it was a theme of “peace” and I really liked this one, so I asked that she do that for those that wish to participate. It is a step by step process she will lead us in, and you take home the canvas you create when we are all done. I have some fun glasses and will create a “non-alcoholic” punch and we will have a few snacks while we paint and learn. The fee for the painting and canvas is \$15 per person. Deb brings all of the paints, brushes, and canvases. I will need an **RSVP** of those who wish to do this as part of that free time, before you get to camp, so text Pam at 207-318-6468 with your name if YES please, **by Sept. 10th**.



Still encourage more women to join us as there is room for more! See you this fall. :)

Deans Rev. Arlene Carroll, Pam Burnham, and Sharon Beckwith
Questions or concerns, use my cell number above. (Pam)