

Lighten Up / Loosen Up 2018

Lighten Up and Loosen Up (LULU) Dean's letter 2018 – updated 6/2/18

Thank you for registering for Lighten Up and Loosen Up (LULU)! We look forward to seeing you at Pilgrim Lodge **August 22-26!** **Please arrive** on Wednesday Aug 22 between 10AM and Noon. On Sunday, Aug 26, **departure time** is between 10AM and 11AM

*If you are attending LULU camp **for less than a full session**, please note preferred departure and arrival times. Please let us know what works for you!*

- **Departure before the last day of camp:** We hope you will stay for breakfast. Please remove your gear from your cabin by 9:30AM to allow staff to clean cabins.
- **Arrival after first day of camp:** Please plan to arrive just before lunch at 11-11:30AM or just before supper at 5-5:30PM. This allows you to join us for a meal and get oriented.

Each of us has our own way of relaxing and having fun. ***This is your time – you choose what to do*** from all that is offered!

- Being outdoors swimming, boating, walking and more
- Worship near Quito or at the chapel by the lake...talk to the island?! (*If you would like to be part of a worship service, please let Joan know jmorton7@maine.rr.com*)
- Plenty of time to do “your own thing”, whether sitting on the porch looking at the lake or creating a craft in the art room, playing a game, watching a movie, reading a book, doing a puzzle, or taking a nap.
- We are excited to have **Allie Rimkunas** join us this year for LULU as Activities Leader. She will offer scheduled and optional activities like nature walk or crafts (tie dye!)
- There will be a talent show. Also, there will be an auction (actually more of a comedy show/auction) to raise funds for this year's mission project supporting [Maine Conference, UCC's Anti-Racism Resource Team](#)

You decide what you want to do each day! (Well, if you want to eat, there are set meal times!



When you register (so staff & Deans may plan ahead)

- As LULU camp attendance has grown (YAY!), a few policies have been recorded this year. **Please read:** written policies about cabin assignment, leaving camp, accommodations, and cell phone use:

<http://www.pilgrimlodge.org/summer-camp/camp-policies/>)

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- If you have specific **dietary needs**, please send an email with information to Karen@pilgrimlodge.org
- As your **cabin assignment** will be determined before you arrive, **please let us know** about any specific housing needs you may have:
 - - Handicap accessible cabin
 - - Limited number of stairs to access cabin
 - - Limited walking distance to access cabin
 - - Limited number of cabin-mates
 - - Specific cabin and/or cabin-mate (***we will do our best to accommodate, but cannot guarantee everyone will get their request***)
 - - Other: please describe

If any of the above apply, please provide details to carylqilman@gmail.com to give us an understanding of your situation and what assistance we can provide.

What to bring

- [Adult Health form](#) and please list any special dietary considerations
- Standard PL camper packing list at [Frequently asked questions “what to bring”](#) (nice outfit not required)
- Crafting items:
 - Items to tie dye – e.g. T shirt(s), pillow case, cloth napkins
 - Sculpey clay and Pearler Beads in colors you like (can be found at Michael’s)
 - Something small to cover in faux gold leaf (will request small donation to cover material the gold)
 - Yarn and/or ribbons to weave together into the fabric of LULU
- Auction items – please limit to 1-3 new or “like new” items (also bring money to buy items). All money raised will go to this year’s mission.
- A talent to share at talent show (e.g. poem, music, a memory, or other)
- Card or board games, crafts, puzzles or other activities you would like to do while at PL

If you do bring a cell phone, please review the policy regarding cell phone use at link above.

Can’t wait to see you!

Joan Morton at jmorton7@maine.rr.com and Caryl Gilman at carylqilman@gmail.com