

Lighten Up / Loosen Up 2018

Lighten Up and Loosen Up (LULU) Dean's letter 2018

Thank you for registering for Lighten Up and Loosen Up (LULU)! We look forward to seeing you at Pilgrim Lodge **August 22-26!** **Please arrive** on Wednesday Aug 22 between 10AM and Noon. On Sunday, Aug 26, **departure time** is between 10AM and 11AM

*If you are attending LULU camp **for less than a full session**, please note preferred departure and arrival times. Please let us know what works for you!*

- **Departure before the last day of camp:** We hope you will stay for breakfast. Please remove your gear from your cabin by 9:30AM to allow staff to clean.
- **Arrival after first day of camp:** Please plan to arrive just before lunch at 11-11:30AM or just before supper at 5-5:30PM. This allows you to join us for a meal and get oriented.

Each of us has our own way of relaxing and having fun. ***This is your time – you choose what to do*** from all that is offered!

- Being outdoors swimming, boating, walking and more
- Worship near Quito or at the chapel by the lake...talk to the island?!
- Plenty of time to do “your own thing”, whether sitting on the porch looking at the lake or creating a craft in the art room, playing a game, watching a movie, reading a book, doing a puzzle, or taking a nap.
- We are excited to have **Allie Rimkunas** join us this year for LULU as Activities Leader. She will offer optional activities like nature walk or crafts including tie dye!
- There will be a talent show. Also, there will be an auction (actually more of a comedy show/auction) to raise funds for this year's mission project supporting [Maine Conference, UCC's Anti-Racism Resource Team](#)

You decide what you want to do each day! (Well, if you want to eat, there are set meal times!



When you register (so staff & Deans may plan ahead)

- As LULU camp attendance has grown (YAY!), a few policies have been recorded this year. **Please read:** written policies about cabin assignment, leaving camp, accommodations, and cell phone use:
<http://www.pilgrimlodge.org/summer-camp/camp-policies/>
- If you have specific **dietary needs**, please send an email with information to Karen@pilgrimlodge.org

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- As your **cabin assignment** will be determined before you arrive, **please let us know** about any specific housing needs you may have:
 - - Handicap accessible cabin
 - - Limited number of stairs to access cabin
 - - Limited walking distance to access cabin
 - - Limited number of cabin-mates
 - - Specific cabin and/or cabin-mate (***we will do our best to accommodate, but cannot guarantee everyone will get their request***)
 - - Other: please describe

If any of the above apply, please provide details to carylqilman@gmail.com to give us an understanding of your situation and what assistance we can provide.

What to bring

- [Adult Health form](#) and please list any special dietary considerations
- Standard PL camper list at [Frequently asked questions “what to bring”](#) (nice outfit not required)
- Items to tie dye – e.g. T shirt(s), pillow case
- Auction items – please limit to 1-3 new or “like new” items (also bring money to buy items). All money raised will go to this year’s mission.
- A talent to share at talent show (e.g. poem, music, a memory, or other)
- Card or board games, crafts, puzzles or other activities you would like to do while at PL

If you do bring a cell phone, please review the policy regarding cell phone use at link above.

Can’t wait to see you!

Joan Morton at jmorton7@maine.rr.com and Caryl Gilman at carylqilman@gmail.com