

Sports Camp 2019

Drop off: Sunday, July 7, 2-4pm
Pick up: Saturday, July 13, 9:30-10:30am



Aloha Sport Campers!

My name is Stef, and I am super excited to be your Dean again!! Let's get right down to business and talk about all the AWESOME activities we will be doing this week!!

SPORTS! Yep, we **will** be spending most of our time together engaging in all things sporty!

- Swimming
- Soccer
- Shaving Cream Wiffle Ball
- Boating
- Island adventures, Challenges
- Bouldering
- Glow in the Dark Frisbee
- Basketball
- Greased Watermelons,
- and so much more!

Have a game you really love to play? Bring along the rules and we can give it a try. We'll be leading 3 camps in large group games during the cookout so bring the rules for your favorites!!

We will once again enjoy sharing our week with Planting Seeds, Growing Hope (PSGH) and One Spirit, Many Gifts (OSMG). We'll share the meals and a few vespers/chapel services with each other and of course the Wednesday Cookout! We'll do some additional activities with OSMG, Contra Dancing on Friday night and maybe a crafty evening program.

The theme of this year's curriculum is "Peace Works" and we will be incorporating parts of the theme into our daily adventures! This year's mission project is the Friends of the Cobbossee Watershed which works to protect the lake we are blessed to sit on. Pilgrim Lodge's beautiful home on the shores of Lake Cobbosseecontee is one of the things that truly makes our camp special. We're very excited to support their work so we can swim in these waters for years to come. We'll be going out on the lake with the Friends of the Cobbossee Watershed to do a hands-on service project. I am very excited about this! SO.MUCH.FUN. To support the health of Lake Cobbosseecontee and surrounding watershed, we will be taking a mission offering during camp. Campers are encouraged to bring an offering (donation) to help support the important work the Friends are doing to preserve our beloved lake.

As you prepare and pack for PL, here are the things you really need to bring:

- Bug Spray
- Sun Block
- Flashlight/Headlamp
- White T-shirt for Tie Dye
- Your Favorite Jersey for Fancy Dinner
- WATER BOTTLE!!!! Or 2 or 6
- Sneakers

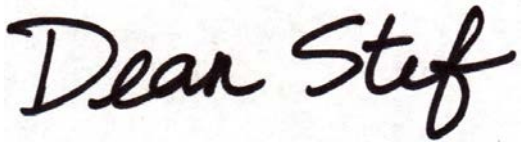
- Sneakers
- Did I mention SNEAKERS?!!!!
- Water shoes

If you have a life jacket that you love, please feel free to bring it along as well. The waterfront staff will check your life jacket to make sure it meets safety standards before your parents leave. We will be spending a significant chunk of time on the lake in boats.

I look forward to seeing you all for Registration on Sunday July 7th from 2pm - 4pm, please come ready to take your swim test as we will be on the water often!! Our week ends on Saturday, July 13th so your parents can pick you up between 10am - 11 am.

I am so excited to share my love of PL and sports with you all!! So pack your suitcase with your SNEAKERS, plenty of bug spray and sunblock, and and I'll see you at camp on July 7th. I'm looking forward to meeting you and spending a great week together at Pilgrim Lodge!

See you soon!!!

A handwritten signature in black ink that reads "Dean Stef". The letters are cursive and fluid, with a large 'D' and 'S'.

Dean Stef