

# Arts Alive 2024

Drop off: Sunday, July 7, 2-3 pm  
Pick up: Saturday, July 13 9:30 am



## Hello Campers!

Are you counting down the days to camp? In just a couple weeks, we'll gather together for a week of creativity, fun, laughter, and community! If you are returning, welcome back! If this is your first year, we are so glad you're coming to camp! This letter is to give you an idea of what the week will be like and offer a list of things to remember to pack for camp (and what not to pack, too). We'll introduce some vocabulary if you're new to Pilgrim Lodge -- or maybe it's been a while since you've been back!

Your "**Deans**" (the fabulous folks who run your week of camp) are Emelia Attridge and David Clark. We are so excited to welcome you to Pilgrim Lodge this summer! Emelia is a minister of a UCC church in Reading, MA. She loves to paint and draw, loves camp, and enjoys finding ways to integrate art into her faith practice (like praying with paint?! Who would have thought of that?!). David has been coming to Pilgrim Lodge since he was a camper, has been on staff, and has volunteered as a dean many times as well. David rocks at tie-dye. He is also a UCC minister of a church in Lexington, MA.

Arts Alive is a unique week out of all the sessions of camp at Pilgrim Lodge because we gather to celebrate and nurture the creative spirit in all of us. Whether your medium is the written word, theater, music, or visual arts, we want to offer each other support and encouragement in our creative endeavors!

On **Sunday, July 7th**, when you arrive, you'll receive your cabin number and you'll get a chance to share what kinds of arts and activities you hope to participate in this week. Some options are visual arts, instrumental music, and theatre, just to name a few. When you arrive, there will also be a sign up sheet for a **Vespers Service** (that means evening worship) which will focus on a different kind of prayer (especially the artsy kinds!). You'll get to choose which kind of style of prayer (movement, meditation, music, visual art) you're most interested in and in a group, lead the Vespers Service with that theme one night during the week.

**Family Faith Groups** are small groups that meet each day to dig deeper into the theme of the day, navigate challenges (group building activities), and discussion. This year our camp theme is "**Linked in Love**" and is all about the themes of relationship, love, acceptance, and trust with one

another.

Things you can look forward to at camp include:

- swimming and boating
- we'll have our big all camp cookout with a campfire
- we'll also learn about our Mission Project this year -- Maine Seacoast Mission -- and how they help Mainers who live on the islands.
- Thursday we'll have a fancy dress-up dinner and party (pack an outfit so you can express yourself!)
- make art, perform, and create during daily Arts Workshops
- we'll wrap up the week with an Art & Talent Show. We'll have a special art gallery with all the visual art and sculptures we've created all week, and then performances by YOU! You can start thinking now about something you'd like to work on throughout the week, or get inspired when you arrive at camp! Perform a solo or put on a skit with a group.

We're also sharing our week of camp with "Elementary Adventures" which is a camp for younger campers in elementary school grades. There will be times where we will do activities all together as a combined camp (like meals and other programs).

On the next page, you'll find a list of Things-To-Pack and a list of Things-Not-To-Pack. They are very helpful lists! If you have any questions please don't hesitate to have a parent send us an email. Arts Alive is a beautiful, sweet, silly, and exciting week and we're happy we'll be gathering so soon!

Start the countdown!

See you soon,

Deans Emelia & David

# Things-To-Pack

- Clothes for each day (pack for different kinds of weather -- hot and cool!)
- PJs for each night (same as day-time -- you'll want something for hot nights and something for cold nights too!)
- Bathing suit
- Sunscreen
- Bug Spray
- A rain jacket or poncho
- A white shirt to tie-dye (or another piece of white clothing)
- At least one pair of closed-toed shoes: sneakers or similar
- A fancy outfit (or colorful and silly) for our "Fancy Dinner" on Friday night
- Pillow & pillowcase
- Bedding (either sheets and a blanket or a sleeping bag)
- A towel for swimming and a towel for showering
- Soap & shampoo/conditioner
- Toothbrush & toothpaste
- Deodorant and any other toiletry essentials
- A notebook, sketchbook, or journal & writing utensils
- Water bottle or travel mug
- A book to read
- A Bible
- Flashlight
- A musical instrument and/or sheet music if you have one and want to bring your own
- Any art supplies you might want to bring (special colored pencils you like or small travel-size supplies, your own sketchbook, etc -- we will have plenty of supplies at camp, but you might have certain supplies you prefer or want to bring yourself -- no need to bring more than can fit in a gallon-size ziploc bag.
- Money for ice cream and the camp store

# Things-Not-To-Pack

- Anything not easily replaced if lost or damaged. We are careful with each others' things, but this is camp and mistakes do happen. We recommend leaving anything of value, monetary or sentimental, safely at home.
- Cell phones, tablets, laptops, DS, Switch, any and all gaming systems and devices with mobile data abilities. We do though allow exclusive music players at Arts for All for in cabin time and before bed. However, cell phones or tablets with music on them and music players (iPods) with mobile data abilities are not allowed. This is your chance to "unplug!" And trust us, all campers agree -- it is so refreshing to leave school, friends, and sometimes family, at home for a week and just *be* here at camp without any pressure to post or share things on social media.
- Food and snacks. If you have special dietary needs, please be in touch with the Pilgrim Lodge office ([ksteelhammer@pilgrimlodge.org](mailto:ksteelhammer@pilgrimlodge.org)). Because of animals and pests in the cabins, we ask you to leave food at home. We will have ice cream time, snacks, and plenty of good food to share during specific times at camp, so there's no need to bring your own.
- Pocket or Swiss Army knives, or anything else that might be used as a weapon.
- Drugs, Cigarettes, Vapes, Alcohol, Fireworks, etc. If you can't bring it to school, you can't bring it to camp.