



Welcome to Women's Fall Weekend 2023

The leaves are starting to turn color, the weather is getting a bit cooler at night, but the heavenly skies are full of stars and some great comet watching! With all that, remember to pack in layers, it can be glorious sunny days and cooler evenings. The loons still sing their songs every night to help put us to sleep, so come make memories, laugh, sing, walk, pray, and ENJOY this time away for YOU!

Meet the Deans:

Rev. Mariah Hayden, a United Methodist pastor is from Orono, ME via Cleveland, OH. Mariah serves as co-pastor at the Church of Universal Fellowship. In addition to all things church, she loves to quilt, build simple things in her emerging woodshop, raise chickens and bees, and be outside in the sunshine. She is a mom to high school age twins and a quirky pup whose world revolves around Mariah's whereabouts. This is her first camp at Pilgrim Lodge and she could not be more excited to join the legacy of fun at PL Women's weekend.

She is joining Pam Burnham who has led this retreat for the past 7 years with various other leaders. Pam has been a camper, counselor, Dean, Staff member, OMT, Quito Building Committee member and volunteer. Recently retired as of this June (happy dance), she is still active in her local church in Orono, where Rev. Mariah and her husband Malcolm share the pastoral duties and preaching! As well as being a grandparent to 3, a mother to 3 grown children, and a pastor's spouse, she finds time to knit, sew, quilt, kayak, bake, and walk most days. She plans to do some cross country traveling in the next few years with her husband Bruce as part of her retirement plans. The rest is open for discussion!

The theme of the summer is **"What's in a Name."** We will do some sharing and exploring of the roots of our names and those *special women* who have inspired, nurtured, and enriched our lives. A quote from the curriculum that we will take time to wrestle with while at camp:

"Through time and in sacred moments, names take on meaning beyond the spoken syllables. Our attempts to name God show the relational power of names and remind us that no name will fully encompass God. We also try to name ourselves in ways that give meaning or make sense of the world. Sometimes naming and labeling can become divisive or hurtful."

This year for our Mission, we are supporting **two** organizations, splitting the funds in half to the following programs:



Daisy's Children in Honduras started by Sharon Beckwith & **The Talented Youth Community Fellowship of Uganda** which provides services and support to LGBTQ folks in Uganda.

Some details to know: [For those of you who may be attending for the first time, Welcome!](#)

1. Arrival and Departure

If you are registered to arrive on **Thursday, September 14, you may arrive anytime after 1 PM.** Dinner on Thursday and Breakfast and Lunch on Friday will be served, but there is no structured program throughout the day. This time is purely for you and how you would like to spend it at Pilgrim Lodge!

If you are registered to arrive on **Friday, September 15, check-in is from 4-5:45 PM.** Registration will be on the boardwalk by Cabin 1 (or in the lodge in the event of inclement weather). If you are new to Pilgrim Lodge, signs will point the way!

Our programmed time together will begin with supper on Friday, September 15th at 6 PM and ends after the Communion Service on Sunday morning at 10 am. We will have early breakfast cereal, fruit and toast choices at 7:30 am on, followed by the slideshow of the weekend, and then the Store will be open for your last purchases. If it's good weather, we hope the Communion Service will be held in the Outdoor Chapel at 10:00 am. A BRUNCH buffet will be served at 10:45 And depart after that.

Please do your very best to stay for the whole weekend ~ for your sake as well as the community as we gather together. If there are circumstances that will not allow that, please be in touch with Dean Pam (prior to camp) and let her know when you might have to leave so we can keep safety procedures in place and know that all of us are accounted for.

2.BRING with you: bedding & an extra blanket, pillow, or a sleeping bag (don't forget the fitted sheet to cover the mattress!), a towel & hand towel, toiletries, clothing that can be layered, swimwear, water shoes if you prefer, personal medications, a flashlight, rain gear, bug repellent and sunscreen. Your knitting or hobby if you wish,

musical instrument? And/ or the good book you are reading now!

3. If you have special dietary needs or special food(s), they may be left in the kitchen refrigerator (with your name on it). Please email ksteelhammer@pilgrimlodge.org in advance if you have any food allergies or dietary restrictions. Please bring or complete an [Adult Health Form](#) when you arrive at camp.

4. Things NOT to bring/include: drugs, alcohol, firearms or pets. Pilgrim Lodge is a tobacco free zone during all Outdoor Ministry-sponsored events.

5. Regarding cell phones: disconnecting from the world is part of the joy and challenge of a retreat event. If you need to keep cell contact, please keep your phone on silent and use it privately so as to respect everyone's experience.

6. Please let Rev. Mariah know if you are wanting or willing to participate in worship or in any other way this weekend (mariah@opencuf.org or 216-317-4968). If you have musical abilities to help us with singing with guitar, banjo, Ukulele, or ?? she would love to hear from you before we get to camp.

7. On Saturday we will be offering ART crafting time. If you have something you would like to share, bring maybe 6-8 of them and let Pam know what you have in mind, then we can let others know the options we can offer. We know many of you love having things to do with your hands and artistic spirits! Rachel (Pam's daughter) is leading "home signage" painting stencils on recycled boards with messages or a word with acrylic paints. You will be able to take them home with you. There are also sewing machines at PL (2) and if you would like to bring any cloth extras about 12" X 12" to 14" to make up more cloth napkins for our dining hall we would love that!

8. If you have special housing/cabin requests please let Pam know at this email: pam.m.burnham@gmail.com or 207-318-6468. And let her know if you have such talents as leading yoga, chair yoga, massage, Reiki, hiking or any other skill/talent you wish to share with the group some morning or afternoon option time.

9. **Group PICTURE**= wear a shirt of fall colors (**orange, yellow, red, brown**) for our group PICTURE. It's a tradition we do every year as all other camps do too, and you get an 8X10 photo to take home!

So now that's all there is to it! Just come, enjoy and relax on Lake Cobbosseecontee. **We look forward to seeing all of you, and I hope we can fill the camp with more than we did last year. Bring a friend!**

~ Sisters in Christ, Pam Burnham & Rev. Mariah Hayden